

Resultatlista 10Mila 2010

Damer

| Plats | Lag | | Land | Totaltid | | | |
|-------|------------------------|------------------|---------------|----------------|-------------|-----------|--|
| 1 | IFK Lidingö SOK 1 | | SWE | 3:51:57 | | | |
| | | sträcktid | pl str | pl gaff | växl | pl | |
| 1.1 | Elisabeth Hansson | 41:50 | 20 | 2 | 20 | | |
| 2.1 | Malin Sand | 50:03 | 2 | 1 | 4 | | |
| 3.1 | Annica Gustafsson | 26:56 | 1 | 1 | 2 | | |
| 4.1 | Signe Söes | 48:05 | 5 | 1 | 2 | | |
| 5.1 | Annika Billstam | 1:05:03 | 74 | 1 | 1 | | |
| 2 | Ulricehamns OK 1 | | SWE | 3:53:03 | +1:06 | | |
| | | sträcktid | pl str | pl gaff | växl | pl | |
| 1.1 | Ida Bobach | 39:21 | 1 | 1 | 1 | | |
| 2.1 | Maja Alm | 51:50 | 7 | 1 | 2 | | |
| 3.1 | Signe Klinting | 30:15 | 33 | 33 | 5 | | |
| 4.1 | Jenny Johansson | 47:53 | 3 | 1 | 4 | | |
| 5.1 | Simone Niggli | 1:03:44 | 67 | 1 | 2 | | |
| 3 | Halden Skiklubb 1 | | NOR | 3:56:41 | +4:44 | | |
| | | sträcktid | pl str | pl gaff | växl | pl | |
| 1.1 | Celine Dodin | 39:47 | 5 | 2 | 5 | | |
| 2.1 | Vendula Klechova | 52:02 | 11 | 1 | 3 | | |
| 3.1 | Ida Marie Næss Bjørgul | 26:59 | 2 | 2 | 1 | | |
| 4.1 | Kajsa Nilsson | 48:02 | 4 | 1 | 1 | | |
| 5.1 | Anne Margrethe Hausken | 1:09:51 | 105 | 2 | 3 | | |
| 4 | Domnarvets Golf 1 | | SWE | 3:56:58 | +5:01 | | |
| | | sträcktid | pl str | pl gaff | växl | pl | |
| 1.1 | Lina Bäckström | 39:29 | 2 | 1 | 2 | | |
| 2.1 | Karolina A Højsgaard | 49:01 | 1 | 1 | 1 | | |
| 3.1 | Emma Johansson | 31:53 | 61 | 61 | 3 | | |
| 4.1 | Dana Brozkova | 48:58 | 6 | 1 | 5 | | |
| 5.1 | Lena Eliasson | 1:07:37 | 84 | 4 | 4 | | |
| 5 | OK Hällen 1 | | SWE | 3:59:18 | +7:21 | | |
| | | sträcktid | pl str | pl gaff | växl | pl | |
| 1.1 | Tereza Novotná | 41:57 | 23 | 3 | 23 | | |
| 2.1 | Johanna Svensson | 51:59 | 10 | 2 | 14 | | |
| 3.1 | Kajsa Hammarström | 29:23 | 22 | 22 | 14 | | |
| 4.1 | Johanna Öberg | 51:30 | 12 | 2 | 10 | | |
| 5.1 | Linnea Gustafsson | 1:04:29 | 69 | 1 | 5 | | |
| 6 | Sävedalens AIK 1 | | SWE | 4:00:22 | +8:25 | | |
| | | sträcktid | pl str | pl gaff | växl | pl | |
| 1.1 | Annika Östman | 42:24 | 41 | 2 | 41 | | |
| 2.1 | Emma Andersson | 51:18 | 4 | 1 | 8 | | |

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|-----------|-------------------------|------------------|---------------|----------------|----------------|
| 3.1 | Johanna Berggren | 28:08 | 11 | 11 | 8 |
| 4.1 | Silje Ekroll Jahren | 50:09 | 8 | 1 | 6 |
| 5.1 | Maria Magnusson | 1:08:23 | 88 | 2 | 6 |
| 7 | NTNUI 1 | | NOR | 4:00:30 | +8:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Line Hagman | 41:12 | 12 | 3 | 12 |
| 2.1 | Bodil Holmström | 52:35 | 17 | 1 | 12 |
| 3.1 | Anne Johanne Lind | 28:05 | 9 | 9 | 9 |
| 4.1 | Mari Fasting | 47:19 | 2 | 1 | 3 |
| 5.1 | Siri Ulvestad | 1:11:19 | 115 | 4 | 7 |
| 8 | LYNX 1 | | FIN | 4:02:08 | +10:11 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Taru Ikäheimonen | 42:07 | 32 | 2 | 32 |
| 2.1 | Anna Koponen | 51:58 | 9 | 1 | 15 |
| 3.1 | Aino Leskinen | 28:49 | 16 | 16 | 11 |
| 4.1 | Anne-Mari Leskinen | 51:35 | 13 | 2 | 9 |
| 5.1 | Karoliina Sundberg | 1:07:39 | 85 | 2 | 8 |
| 9 | Bækkelaget SK 1 | | NOR | 4:03:16 | +11:19 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kine Gulliksen | 41:14 | 13 | 4 | 13 |
| 2.1 | Caroline Cejka | 52:26 | 14 | 2 | 7 |
| 3.1 | Marit Kahrs | 28:06 | 10 | 10 | 6 |
| 4.1 | Tone Wigemyr | 50:14 | 9 | 2 | 7 |
| 5.1 | Heidi Østlid Bagstevold | 1:11:16 | 113 | 3 | 9 |
| 10 | OK Linné 1 | | SWE | 4:04:12 | +12:15 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kristina Roberto | 41:46 | 18 | 2 | 18 |
| 2.1 | Iveta Duchova | 51:56 | 8 | 1 | 8 |
| 3.1 | Sara Bengtsson | 28:13 | 13 | 13 | 10 |
| 4.1 | Sofie Johansson | 54:26 | 19 | 2 | 13 |
| 5.1 | Inga Kazlauskaite | 1:07:51 | 86 | 5 | 10 |
| 11 | SK Pohjantähti 1 | | FIN | 4:04:22 | +12:25 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Laura Hokka | 42:19 | 38 | 5 | 38 |
| 2.1 | Heini Wennman | 51:31 | 6 | 1 | 13 |
| 3.1 | Saana-Maria Rahko | 29:31 | 28 | 28 | 15 |
| 4.1 | Marttiina Joensuu | 52:58 | 15 | 2 | 12 |
| 5.1 | Sofia Haajanen | 1:08:03 | 87 | 1 | 11 |
| 12 | Tullinge SK 1 | | SWE | 4:05:54 | +13:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Ställberg | 39:40 | 3 | 1 | 3 |
| 2.1 | Sara Lundblad | 52:17 | 13 | 2 | 5 |
| 3.1 | Sofia Lönnkvist | 30:57 | 44 | 44 | 11 |
| 4.1 | Kicki Skog | 53:22 | 17 | 1 | 11 |

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|-----------|----------------------------|-----------------|---------------|----------------|----------------|
| 5.1 | Jenny Lönnkvist | 1:09:38 | 103 | 4 | 12 |
| 13 | Tampereen Pyrintö 1 | | FIN | 4:05:58 | +14:01 |
| | | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Heidi Haapasalo | 42:21 | 40 | 3 | 40 |
| 2.1 | Venla Niemi | 55:10 | 34 | 2 | 30 |
| 3.1 | Liisa Pulli | 27:36 | 7 | 7 | 24 |
| 4.1 | Riina Kuuselo | 56:15 | 28 | 1 | 20 |
| 5.1 | Anni-Maija Fincke | 1:04:36 | 70 | 1 | 13 |
| 14 | Paimion Rasti 1 | | FIN | 4:08:26 | +16:29 |
| | | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Jaana Röytiö | 43:11 | 57 | 5 | 57 |
| 2.1 | Satu Tahvonen | 54:10 | 28 | 2 | 25 |
| 3.1 | Salla Fagerudd | 27:32 | 5 | 5 | 18 |
| 4.1 | Saara Norrgrann | 56:15 | 28 | 2 | 18 |
| 5.1 | Inga Dambe | 1:07:18 | 83 | 1 | 14 |
| 15 | IFK Moras OK 1 | | SWE | 4:08:28 | +16:31 |
| | | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Maria Bergkvist | 39:52 | 6 | 3 | 6 |
| 2.1 | Radka Brozkova | 52:34 | 16 | 2 | 6 |
| 3.1 | Magdalena Olsson | 28:56 | 18 | 18 | 4 |
| 4.1 | Judith Wyder | 51:04 | 11 | 1 | 8 |
| 5.1 | Eva Svensson | 1:16:02 | 136 | 5 | 15 |
| 16 | Stora Tuna OK 1 | | SWE | 4:08:34 | +16:37 |
| | | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Martina Karlsson | 45:10 | 85 | 12 | 85 |
| 2.1 | Anastasiia Danylova | 58:30 | 61 | 3 | 57 |
| 3.1 | Susanna Mårtensson | 29:29 | 25 | 25 | 51 |
| 4.1 | Tove Alexandersson | 48:58 | 6 | 1 | 21 |
| 5.1 | Emma Claesson | 1:06:27 | 79 | 3 | 16 |
| 17 | KOO-VEE 1 | | FIN | 4:08:53 | +16:56 |
| | | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Mia Taini | 43:01 | 51 | 8 | 51 |
| 2.1 | Ulrika Uotila | 54:17 | 29 | 2 | 24 |
| 3.1 | Marjo Niittynen | 27:28 | 3 | 3 | 17 |
| 4.1 | Pinja Mäkinen | 54:38 | 20 | 1 | 14 |
| 5.1 | Merja Rantanen | 1:09:29 | 102 | 1 | 17 |
| 18 | Soik Hellas 1 | | SWE | 4:15:19 | +23:22 |
| | | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Nastia Trubkina | 42:34 | 44 | 6 | 44 |
| 2.1 | Aliya Sidtikova | 51:11 | 3 | 1 | 11 |
| 3.1 | Kristina Rybakovaite | 28:04 | 8 | 8 | 7 |
| 4.1 | Gabija Razaityte | 59:32 | 53 | 3 | 19 |
| 5.1 | Irina Nyberg | 1:13:58 | 128 | 4 | 18 |

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|-----------|-----------------------------|------------------|---------------|----------------|----------------|
| 19 | Kalevan Rasti 1 | | FIN | 4:15:58 | +24:01 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Amelie Chataing | 42:45 | 46 | 9 | 46 |
| 2.1 | Mari Väisänen | 54:00 | 26 | 2 | 22 |
| 3.1 | Paula Iso-Markku | 29:36 | 29 | 29 | 26 |
| 4.1 | Mari Väänänen | 57:46 | 36 | 3 | 24 |
| 5.1 | Aija Skrastina | 1:11:51 | 118 | 3 | 19 |
| 20 | OK Kolmården 1 | | SWE | 4:15:59 | +24:02 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Frida Aspнас | 42:50 | 48 | 4 | 48 |
| 2.1 | Linn Bränneby | 55:04 | 33 | 3 | 33 |
| 3.1 | Veronica Lundh | 32:35 | 84 | 84 | 31 |
| 4.1 | Anna Forsberg | 55:34 | 24 | 2 | 27 |
| 5.1 | Linnéa Lidström | 1:09:56 | 106 | 4 | 20 |
| 21 | MS Parma 1 | | FIN | 4:16:37 | +24:40 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maija Sianoja | 41:34 | 14 | 6 | 14 |
| 2.1 | Katja Mjösund | 52:10 | 12 | 2 | 10 |
| 3.1 | Susanna Tervo | 29:14 | 19 | 19 | 13 |
| 4.1 | Sanna Heinonen | 56:31 | 31 | 2 | 15 |
| 5.1 | Outi Sareila | 1:17:08 | 143 | 7 | 21 |
| 22 | Hagaby Golf 1 | | SWE | 4:16:39 | +24:42 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Simona Karachova | 43:16 | 58 | 9 | 58 |
| 2.1 | Kristyna Kovarova | 59:50 | 78 | 5 | 54 |
| 3.1 | Linnea Holmqvist | 32:48 | 87 | 87 | 55 |
| 4.1 | Karin Persson | 54:45 | 22 | 1 | 40 |
| 5.1 | Beata Falk | 1:06:00 | 78 | 2 | 22 |
| 23 | Järäla Orientering 1 | | SWE | 4:16:44 | +24:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Stina Jansson | 42:26 | 43 | 6 | 43 |
| 2.1 | Maria Andersson | 55:49 | 38 | 3 | 34 |
| 3.1 | Anina Hirzel | 33:00 | 94 | 94 | 37 |
| 4.1 | Emelie Holmström | 58:43 | 45 | 2 | 36 |
| 5.1 | Elin A. Skantze | 1:06:46 | 82 | 1 | 23 |
| 24 | Bækkelaget SK 2 | | NOR | 4:16:59 | +25:02 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanne Staff | 42:47 | 47 | 7 | 47 |
| 2.1 | Marte Balchen | 53:57 | 25 | 2 | 21 |
| 3.1 | Lene Godager | 28:10 | 12 | 12 | 19 |
| 4.1 | Anne Marie Bleken | 54:41 | 21 | 1 | 16 |
| 5.1 | Elin Bjerva | 1:17:24 | 145 | 6 | 24 |

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|-----------|----------------------------|------------------|---------------|----------------|----------------|
| 25 | Täby Ok 1 | | SWE | 4:17:08 | +25:11 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lisa Larsen | 39:45 | 4 | 1 | 4 |
| 2.1 | Jenny Bagge-Johansson | 57:40 | 55 | 6 | 26 |
| 3.1 | Hilda Forsgren | 27:33 | 6 | 6 | 23 |
| 4.1 | Anna Bachman | 57:30 | 35 | 3 | 22 |
| 5.1 | Johanna Olsson | 1:14:40 | 132 | 6 | 25 |
| 26 | IK Hakarpspojarna 1 | | SWE | 4:18:52 | +26:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Grete Gutmann | 41:59 | 24 | 4 | 24 |
| 2.1 | Hanna Palm | 53:25 | 22 | 1 | 16 |
| 3.1 | Karin Spjuth | 29:18 | 21 | 21 | 16 |
| 4.1 | Anna Envall | 56:23 | 30 | 2 | 17 |
| 5.1 | Malin Sand | 1:17:47 | 147 | 5 | 26 |
| 27 | Leksands OK 1 | | SWE | 4:19:17 | +27:20 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Frida Erkers | 45:56 | 109 | 12 | 109 |
| 2.1 | Anna-Karin Dovåker-Liss | 56:55 | 46 | 5 | 52 |
| 3.1 | Lena Nordlund | 30:17 | 35 | 35 | 49 |
| 4.1 | Sabine Hauswirth | 56:02 | 25 | 2 | 30 |
| 5.1 | Rahel Friederich | 1:10:07 | 107 | 2 | 27 |
| 28 | Göteborg-Majorna 1 | | SWE | 4:19:21 | +27:24 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Pippa Archer | 49:17 | 150 | 22 | 150 |
| 2.1 | Jennie Runesson | 55:12 | 35 | 2 | 62 |
| 3.1 | Bodil Halvarsson | 31:53 | 61 | 61 | 62 |
| 4.1 | Helen Bridle | 50:48 | 10 | 2 | 29 |
| 5.1 | Lina Strand | 1:12:11 | 119 | 3 | 28 |
| 29 | Fredrikstads SK 1 | | NOR | 4:19:27 | +27:30 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kamilla Olaussen | 46:45 | 116 | 16 | 116 |
| 2.1 | Linda Solberg | 57:26 | 51 | 4 | 59 |
| 3.1 | Guro Alexandersen | 32:03 | 69 | 69 | 59 |
| 4.1 | Birgitte Husebye | 53:30 | 18 | 3 | 35 |
| 5.1 | Marianne Riddervold Kahr | 1:09:43 | 104 | 2 | 29 |
| 30 | Eksjö SOK 1 | | SWE | 4:19:34 | +27:37 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Beatrice Gustavsson | 42:20 | 39 | 5 | 39 |
| 2.1 | Therese Klintberg | 54:01 | 27 | 3 | 17 |
| 3.1 | Julia Bauer | 28:33 | 15 | 15 | 19 |
| 4.1 | Anja Arbter | 1:00:57 | 57 | 3 | 26 |
| 5.1 | Anna Segersson | 1:13:43 | 127 | 6 | 30 |

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|-----------|------------------------------------|------------------|---------------|----------------|----------------|
| 31 | Angelniemen Ankkuri 1 | | FIN | 4:21:39 | +29:42 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanni Kivelä | 45:09 | 83 | 10 | 83 |
| 2.1 | Galina Vinogradova | 51:30 | 5 | 1 | 19 |
| 3.1 | Matleena Mannelin | 33:05 | 97 | 97 | 28 |
| 4.1 | Inkeri Lindeman | 1:03:30 | 80 | 4 | 49 |
| 5.1 | Maria Rantala | 1:08:25 | 89 | 3 | 31 |
| 32 | DELTA 1 | | FIN | 4:21:45 | +29:48 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sonja Liukkonen | 45:09 | 83 | 11 | 83 |
| 2.1 | Jenny Paulin | 56:24 | 41 | 4 | 44 |
| 3.1 | Niina Laakso | 32:06 | 72 | 72 | 54 |
| 4.1 | Laura Leijola | 59:13 | 49 | 4 | 45 |
| 5.1 | Julia Novikova | 1:08:53 | 92 | 7 | 32 |
| 33 | Tullinge SK 2 | | SWE | 4:22:42 | +30:45 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Rebecka Heinrup | 43:10 | 56 | 9 | 56 |
| 2.1 | Emeli Pettersson | 57:29 | 53 | 4 | 41 |
| 3.1 | Lovisa Adolfsson | 32:16 | 75 | 75 | 46 |
| 4.1 | Tina Junegard | 53:08 | 16 | 1 | 27 |
| 5.1 | Johanna Lönnkvist | 1:16:39 | 140 | 5 | 33 |
| 34 | Bromma-Vällingby/Järfälla 1 | | SWE | 4:22:59 | +31:02 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Karin Boström | 42:18 | 37 | 4 | 37 |
| 2.1 | Linda Larsson | 56:13 | 39 | 4 | 35 |
| 3.1 | Karin Lundberg | 32:38 | 85 | 85 | 35 |
| 4.1 | Tina Eriksson | 1:01:41 | 64 | 4 | 44 |
| 5.1 | Kristin Löfgren | 1:10:09 | 108 | 5 | 34 |
| 35 | OK Tisaren 1 | | SWE | 4:24:05 | +32:08 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marion Aebi | 49:46 | 166 | 20 | 166 |
| 2.1 | Bettina Aebi | 52:26 | 14 | 2 | 49 |
| 3.1 | Maria Westher | 30:30 | 39 | 39 | 44 |
| 4.1 | Lilian Forsgren | 51:55 | 14 | 1 | 25 |
| 5.1 | Tatyana Mendel | 1:19:28 | 160 | 8 | 35 |
| 36 | Nydalens Skiklub 1 | | NOR | 4:24:09 | +32:12 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ellen Moen | 41:54 | 21 | 3 | 21 |
| 2.1 | Lene Moe | 54:42 | 31 | 3 | 18 |
| 3.1 | Elisabeth Ingvaldsen | 28:19 | 14 | 14 | 22 |
| 4.1 | Nicole Ragvin | 58:56 | 46 | 4 | 23 |
| 5.1 | Brigitte Muehlemann | 1:20:18 | 166 | 7 | 36 |

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|-----------|----------------------------|------------------|---------------|----------------|----------------|
| 37 | OK Kåre 1 | | SWE | 4:24:30 | +32:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Linnea Wiking | 48:56 | 143 | 18 | 143 |
| 2.1 | Lina Sundqvist | 54:41 | 30 | 2 | 56 |
| 3.1 | Matilda Andersson | 29:28 | 24 | 24 | 48 |
| 4.1 | Sofia Adolfsson | 56:09 | 27 | 3 | 31 |
| 5.1 | Rasa Ptasekaite | 1:15:16 | 134 | 4 | 37 |
| 38 | Konnerud I.L. 1 | | NOR | 4:24:37 | +32:40 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maren Jansson Haverstad | 44:40 | 70 | 8 | 70 |
| 2.1 | Synne Baklid | 59:30 | 74 | 5 | 58 |
| 3.1 | Annette Fjeldheim | 31:44 | 55 | 55 | 55 |
| 4.1 | Therese Haare | 1:00:14 | 55 | 5 | 56 |
| 5.1 | Marianne Andersen | 1:08:29 | 90 | 6 | 38 |
| 39 | IF Thor 1 | | SWE | 4:24:52 | +32:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Fanny Fredriksson | 42:09 | 33 | 2 | 33 |
| 2.1 | Linda Byström | 58:26 | 58 | 3 | 40 |
| 3.1 | Eva Nordkvist | 30:16 | 34 | 34 | 33 |
| 4.1 | Petra Halvarson | 58:33 | 44 | 3 | 33 |
| 5.1 | Gunilla Svärd | 1:15:28 | 135 | 4 | 39 |
| 40 | OK Rodhen 1 | | SWE | 4:27:10 | +35:13 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Sjölander | 45:36 | 97 | 6 | 97 |
| 2.1 | Angela Wild | 56:21 | 40 | 2 | 45 |
| 3.1 | Jessica Söllvander | 30:56 | 43 | 43 | 45 |
| 4.1 | Sofia Söllvander | 1:01:50 | 66 | 4 | 53 |
| 5.1 | Elin Sjölander | 1:12:27 | 121 | 3 | 40 |
| 41 | Tampereen Pyrintö 2 | | FIN | 4:27:25 | +35:28 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ellu Munukka | 42:43 | 45 | 3 | 45 |
| 2.1 | Lotta Karhola | 56:47 | 44 | 4 | 38 |
| 3.1 | Sonja Kyrölä | 31:45 | 56 | 56 | 37 |
| 4.1 | Emmi Mähönen | 1:01:38 | 63 | 7 | 46 |
| 5.1 | Jenni Laine | 1:14:32 | 131 | 7 | 41 |
| 42 | Pan-Kristianstad 1 | | SWE | 4:28:51 | +36:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofie Petersson | 49:31 | 159 | 22 | 159 |
| 2.1 | Monika Depta | 53:18 | 21 | 1 | 51 |
| 3.1 | Marie Svensson | 30:20 | 36 | 36 | 51 |
| 4.1 | Sara Svensson | 57:55 | 37 | 2 | 41 |
| 5.1 | Annika Björk | 1:17:47 | 147 | 8 | 42 |

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|-----------|-----------------------------|------------------|---------------|----------------|----------------|
| 43 | IFK Moras OK 2 | | SWE | 4:29:06 | +37:09 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Katarina Lövgren | 40:01 | 7 | 4 | 7 |
| 2.1 | Indre Valaite | 57:28 | 52 | 4 | 29 |
| 3.1 | Katarina Svahn | 28:50 | 17 | 17 | 25 |
| 4.1 | Ieva Sargautyte | 1:05:54 | 111 | 6 | 43 |
| 5.1 | Helene Söderlund | 1:16:53 | 141 | 8 | 43 |
| 44 | Kangasala SK 1 | | FIN | 4:29:11 | +37:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Monika Gajda | 43:05 | 54 | 8 | 54 |
| 2.1 | Outi Ojanen | 58:56 | 66 | 6 | 46 |
| 3.1 | Jaana Pietilä-Annala | 29:53 | 31 | 31 | 43 |
| 4.1 | Laura Palm | 58:25 | 41 | 6 | 38 |
| 5.1 | Sirra Toivonen | 1:18:52 | 156 | 6 | 44 |
| 45 | IFK Göteborg 1 | | SWE | 4:29:20 | +37:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Stina Strömstedt | 42:06 | 31 | 8 | 31 |
| 2.1 | Annica Eng | 55:39 | 37 | 3 | 32 |
| 3.1 | Maria Holmstrand | 32:52 | 89 | 89 | 32 |
| 4.1 | Karin Noborn | 59:21 | 52 | 3 | 36 |
| 5.1 | Tiina Laas | 1:19:22 | 158 | 10 | 45 |
| 46 | Västerås SOK 1 | | SWE | 4:31:05 | +39:08 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofi Thorsell | 44:48 | 75 | 9 | 75 |
| 2.1 | Cecilia Einarsson | 1:00:34 | 85 | 8 | 74 |
| 3.1 | Annika Sundström | 32:26 | 80 | 80 | 68 |
| 4.1 | Anna Zetterberg | 59:00 | 47 | 6 | 59 |
| 5.1 | Alva Olsson | 1:14:17 | 129 | 5 | 46 |
| 47 | SK Zabovresky Brno 1 | | CZE | 4:31:20 | +39:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jana Gebauerova | 48:46 | 139 | 20 | 139 |
| 2.1 | Vera Madlova | 53:17 | 20 | 4 | 48 |
| 3.1 | Katerina Chroma | 29:24 | 23 | 23 | 41 |
| 4.1 | Hana Hlavova | 58:05 | 39 | 5 | 34 |
| 5.1 | Eva Kabathova | 1:21:48 | 174 | 9 | 47 |
| 48 | OK Orion 1 | | SWE | 4:31:37 | +39:40 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Nadiya Volynska | 42:02 | 26 | 1 | 26 |
| 2.1 | Cecilia Bratt | 57:20 | 50 | 2 | 37 |
| 3.1 | Charlotta Scalet | 31:34 | 52 | 52 | 34 |
| 4.1 | Jenny Håkansson | 1:02:15 | 69 | 4 | 48 |
| 5.1 | Hanna Wisniewska | 1:18:26 | 153 | 7 | 48 |

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|-----------|-----------------------------|------------------|---------------|----------------|----------------|
| 49 | NTNUI 2 | | NOR | 4:32:20 | +40:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Guro Flatekval | 41:00 | 10 | 2 | 10 |
| 2.1 | Emma Mathilda Johansson | 59:03 | 68 | 5 | 39 |
| 3.1 | Karianne Ruud | 30:25 | 38 | 38 | 30 |
| 4.1 | Gitte Bromander | 1:02:25 | 71 | 6 | 46 |
| 5.1 | Mali Fjogstad Nielsen | 1:19:27 | 159 | 9 | 49 |
| 50 | OK Tyr 1 | | SWE | 4:34:47 | +42:50 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Albinsson | 42:04 | 29 | 4 | 29 |
| 2.1 | Helena Svensson | 58:43 | 64 | 5 | 43 |
| 3.1 | Linnea Martinsson | 29:30 | 26 | 26 | 29 |
| 4.1 | Malin Jonsson | 1:01:20 | 59 | 4 | 42 |
| 5.1 | My Westlund | 1:23:10 | 186 | 13 | 50 |
| 51 | IF Hagen 1 | | SWE | 4:35:37 | +43:40 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Danielsson | 48:20 | 131 | 17 | 131 |
| 2.1 | Malin Hultqvist | 1:03:03 | 114 | 7 | 126 |
| 3.1 | Caroline Gustavsson | 31:55 | 65 | 65 | 100 |
| 4.1 | Stina Banck | 1:07:00 | 119 | 7 | 96 |
| 5.1 | Helena Jansson | 1:05:19 | 77 | 2 | 51 |
| 52 | Sävedalens AIK 2 | | SWE | 4:35:48 | +43:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kristina Kull Österlin | 49:32 | 160 | 14 | 160 |
| 2.1 | Amilia Björklund | 55:01 | 32 | 1 | 63 |
| 3.1 | Emma Lindén | 31:28 | 51 | 51 | 57 |
| 4.1 | Lina Samor | 1:01:45 | 65 | 4 | 63 |
| 5.1 | Jennie Andersson | 1:18:02 | 150 | 6 | 52 |
| 53 | Turun Suunnistajat 1 | | FIN | 4:36:11 | +44:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Bohdana Heczko | 42:52 | 49 | 7 | 49 |
| 2.1 | Sarina Jenzer | 1:04:14 | 130 | 7 | 91 |
| 3.1 | Ingunn Fristad | 33:01 | 96 | 96 | 84 |
| 4.1 | Tuulia Viberg | 1:02:44 | 75 | 3 | 70 |
| 5.1 | Vroni König-Salmi | 1:13:20 | 126 | 5 | 53 |
| 54 | Alfta ÖSA OK 1 | | SWE | 4:36:19 | +44:22 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ylva Ericson | 45:59 | 111 | 13 | 111 |
| 2.1 | Josefine Engström | 56:56 | 47 | 3 | 53 |
| 3.1 | Ellen Ericson | 30:13 | 32 | 32 | 49 |
| 4.1 | Sofia Törnqvist | 56:07 | 26 | 3 | 32 |
| 5.1 | Lina Schols | 1:27:04 | 223 | 16 | 54 |

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|-----------|----------------------------|------------------|---------------|----------------|----------------|
| 55 | Lillomarka O-lag 1 | | NOR | 4:36:29 | +44:32 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Britt Ingunn Nydal | 42:14 | 35 | 4 | 35 |
| 2.1 | Lone Molstad Sørlien | 58:27 | 59 | 3 | 42 |
| 3.1 | Siri Vilberg | 30:51 | 41 | 41 | 42 |
| 4.1 | Martine Åstebøl | 1:12:00 | 165 | 9 | 73 |
| 5.1 | Kine Hallan Steiwer | 1:12:57 | 124 | 3 | 55 |
| 56 | Domnarvets Golf 2 | | SWE | 4:36:46 | +44:49 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Nilsson | 51:05 | 181 | 20 | 181 |
| 2.1 | Eva Elfving | 59:14 | 70 | 4 | 112 |
| 3.1 | Karin Elfving | 31:54 | 63 | 63 | 93 |
| 4.1 | Johanna Lindberg | 55:17 | 23 | 3 | 62 |
| 5.1 | Elin Dahlin | 1:19:16 | 157 | 10 | 56 |
| 57 | NTNUI 3 | | NOR | 4:37:20 | +45:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ane Baldishol Brevig | 45:29 | 93 | 12 | 93 |
| 2.1 | Lisbeth Voll | 1:00:20 | 82 | 5 | 78 |
| 3.1 | Mathilde Korvald Skaare | 31:20 | 48 | 48 | 65 |
| 4.1 | Tessa Hill | 56:43 | 32 | 2 | 50 |
| 5.1 | Hanna H. Nordbrøden | 1:23:28 | 192 | 11 | 57 |
| 58 | IK Hakarpspojarna 2 | | SWE | 4:37:44 | +45:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Emelie Eklöf | 43:03 | 53 | 8 | 53 |
| 2.1 | Anna Gustafsson | 58:59 | 67 | 6 | 47 |
| 3.1 | Johanna Jonsson | 29:15 | 20 | 20 | 40 |
| 4.1 | Pernilla Petersson | 59:19 | 51 | 2 | 39 |
| 5.1 | Ellinor Karlsson | 1:27:08 | 225 | 14 | 58 |
| 59 | OK Skogsfalken 1 | | SWE | 4:38:11 | +46:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Emma Bergman | 45:42 | 103 | 8 | 103 |
| 2.1 | Lina Blomqvist | 58:33 | 62 | 5 | 60 |
| 3.1 | Johanna Erlandsson | 31:48 | 58 | 58 | 58 |
| 4.1 | Sofia Forsgren | 58:03 | 38 | 4 | 52 |
| 5.1 | Rebecka Olsson | 1:24:05 | 197 | 12 | 59 |
| 60 | Halden Skiklubb 2 | | NOR | 4:39:16 | +47:19 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Iliana Shandurkova | 45:12 | 87 | 11 | 87 |
| 2.1 | Fredrikke Nohr Moth | 59:46 | 76 | 4 | 68 |
| 3.1 | Ane Sofie Næss Bjørgul | 32:52 | 89 | 89 | 69 |
| 4.1 | Malena Asheim Birkeland | 1:04:53 | 98 | 6 | 69 |
| 5.1 | Léa Vercellotti | 1:16:33 | 139 | 9 | 60 |

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|-----------|-------------------------------|------------------|---------------|----------------|----------------|
| 61 | OK Vilse - 87 1 | | SWE | 4:39:24 | +47:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jennifer Gull | 42:54 | 50 | 8 | 50 |
| 2.1 | Linda Wennerlund | 1:02:49 | 106 | 9 | 76 |
| 3.1 | Marielle Andersson | 36:30 | 178 | 178 | 93 |
| 4.1 | Ellinor Tjernlund | 1:00:15 | 56 | 6 | 68 |
| 5.1 | Josefin Tjernlund | 1:16:56 | 142 | 6 | 61 |
| 62 | Kalevan Rasti 2 | | FIN | 4:39:48 | +47:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna-Kaisa Asikainen | 50:53 | 178 | 16 | 178 |
| 2.1 | Marika Airila | 58:12 | 57 | 6 | 105 |
| 3.1 | Henna Höglund | 31:10 | 45 | 45 | 85 |
| 4.1 | Line Nybakken | 1:01:34 | 62 | 6 | 66 |
| 5.1 | Emma Lähdekorpi | 1:17:59 | 149 | 7 | 62 |
| 63 | Tumba-Mälärhöjden OK 1 | | SWE | 4:40:57 | +49:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Iva Kosarkova | 45:35 | 96 | 15 | 96 |
| 2.1 | Elsa Törnros | 58:46 | 65 | 3 | 61 |
| 3.1 | Karin Skogholm | 31:57 | 66 | 66 | 60 |
| 4.1 | Diana Soldagg | 58:28 | 43 | 4 | 54 |
| 5.1 | Bara Malisova | 1:26:11 | 214 | 14 | 63 |
| 64 | Frol IL 1 | | NOR | 4:41:06 | +49:09 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Gøril Rønning Sund | 41:36 | 15 | 5 | 15 |
| 2.1 | Isa Mari Sandstad | 1:03:04 | 115 | 10 | 65 |
| 3.1 | Kine Sofie Sandstad | 33:11 | 100 | 100 | 70 |
| 4.1 | Elen Katrine Skjerve | 58:25 | 41 | 5 | 57 |
| 5.1 | Solveig Vassenden | 1:24:50 | 203 | 13 | 64 |
| 65 | OK Ravinen 1 | | SWE | 4:41:11 | +49:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Annie Forsberg | 45:25 | 91 | 14 | 91 |
| 2.1 | Maria Mogensen | 53:55 | 24 | 3 | 36 |
| 3.1 | Therese Ericsson | 31:54 | 63 | 63 | 36 |
| 4.1 | Patrizia Ströeger | 1:05:40 | 106 | 6 | 60 |
| 5.1 | Linn Robertsson | 1:24:17 | 199 | 15 | 65 |
| 66 | Magnus Orienteering 1 | | CZE | 4:41:26 | +49:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Denisa Kosova | 41:45 | 17 | 6 | 17 |
| 2.1 | Johanka Simkova | 1:01:44 | 97 | 9 | 55 |
| 3.1 | Renata Kolarova | 29:30 | 26 | 26 | 47 |
| 4.1 | Vendula Horcickova | 1:04:02 | 86 | 5 | 61 |
| 5.1 | Adela Indrakova | 1:24:25 | 200 | 13 | 66 |

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|-----------|---------------------------------|------------------|---------------|----------------|----------------|
| 67 | OK Pan Århus 1 | | DEN | 4:41:30 | +49:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Emma Klingenberg | 40:53 | 9 | 1 | 9 |
| 2.1 | Zenia Mogensen | 56:49 | 45 | 4 | 31 |
| 3.1 | Camilla Sorgaard | 33:33 | 109 | 109 | 37 |
| 4.1 | Ita Klingenberg | 1:02:38 | 74 | 4 | 51 |
| 5.1 | Inge Knudsen | 1:27:37 | 229 | 18 | 67 |
| 68 | Rastikarhut 1 | | FIN | 4:42:54 | +50:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Suvi-Maria Ylikylä | 48:24 | 132 | 18 | 132 |
| 2.1 | Anu Kopra | 59:35 | 75 | 4 | 96 |
| 3.1 | Laura Jakobsson | 31:24 | 49 | 49 | 76 |
| 4.1 | Anni Kulmala | 1:02:26 | 72 | 5 | 66 |
| 5.1 | Elli Haaapamäki | 1:21:05 | 171 | 11 | 68 |
| 69 | Söders SOL-Tyresö 1 | | SWE | 4:43:26 | +51:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lucie Krafkova | 46:47 | 117 | 15 | 117 |
| 2.1 | Karin Almgren | 1:04:14 | 130 | 10 | 122 |
| 3.1 | Marie Malmborg | 31:38 | 54 | 54 | 97 |
| 4.1 | Anke Xylander | 1:01:00 | 58 | 5 | 74 |
| 5.1 | Ivana Bochenková | 1:19:47 | 163 | 11 | 69 |
| 70 | OK Skogsfalken 2 | | SWE | 4:45:41 | +53:44 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lina Svensson | 47:20 | 125 | 17 | 125 |
| 2.1 | Hanna Wählin | 1:03:06 | 118 | 8 | 115 |
| 3.1 | Anna Andreasson | 33:25 | 106 | 106 | 110 |
| 4.1 | Mia Kaisajuntti | 1:04:38 | 93 | 5 | 94 |
| 5.1 | Anna Olsson | 1:17:12 | 144 | 6 | 70 |
| 71 | Långhundra IF 1 | | SWE | 4:45:49 | +53:52 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Josefin Bengtsson | 44:52 | 78 | 5 | 78 |
| 2.1 | Jenny Bengtsson | 52:35 | 17 | 1 | 28 |
| 3.1 | Lise Mortensen | 35:48 | 156 | 156 | 53 |
| 4.1 | Sara Bengtsson | 1:10:08 | 150 | 13 | 71 |
| 5.1 | Petra Olander | 1:22:26 | 181 | 9 | 71 |
| 72 | Helsingin Suunnistajat 1 | | FIN | 4:45:52 | +53:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Tiina Haarlaa | 46:48 | 118 | 14 | 118 |
| 2.1 | Essi Hietaoja | 58:28 | 60 | 5 | 72 |
| 3.1 | Nelli Hietaoja | 34:39 | 132 | 132 | 82 |
| 4.1 | Johanna Kiiski | 1:03:35 | 81 | 5 | 72 |
| 5.1 | Minna Ryyppö | 1:22:22 | 180 | 13 | 72 |

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|-----------|-----------------------------|------------------|---------------|----------------|----------------|
| 73 | Kongsberg O-lag 1 | | NOR | 4:47:11 | +55:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ingjerd Myhre | 42:05 | 30 | 5 | 30 |
| 2.1 | Laura Vike | 1:02:31 | 102 | 8 | 64 |
| 3.1 | Unn Hilde Heggedal | 31:45 | 56 | 56 | 61 |
| 4.1 | Mari Jellum Helgerud | 1:08:41 | 139 | 7 | 78 |
| 5.1 | Agni Fjogstad Nielsen | 1:22:09 | 179 | 10 | 73 |
| 74 | Rajamäen Rykmentti 1 | | FIN | 4:47:30 | +55:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Raitanen | 50:51 | 177 | 21 | 177 |
| 2.1 | Matleena Ojapalo | 57:17 | 49 | 3 | 98 |
| 3.1 | Maaret Turunen | 30:53 | 42 | 42 | 74 |
| 4.1 | Saara Nikkari | 57:04 | 33 | 3 | 55 |
| 5.1 | Heidi Salonen | 1:31:25 | 250 | 23 | 74 |
| 75 | OK Landehof 1 | | SWE | 4:47:43 | +55:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elin Hamrefors | 48:42 | 136 | 17 | 136 |
| 2.1 | Pia Johansson | 1:03:31 | 121 | 8 | 129 |
| 3.1 | Kristin Ander | 34:24 | 126 | 126 | 119 |
| 4.1 | Anne Magnusson | 59:14 | 50 | 3 | 83 |
| 5.1 | Lotta Saetre | 1:21:52 | 175 | 10 | 75 |
| 75 | Linköpings OK 6 | | SWE | 4:47:43 | +55:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Madeleine Ölfvingsson | 46:15 | 115 | 10 | 115 |
| 2.1 | Annika Ivarsson | 1:02:02 | 99 | 4 | 100 |
| 3.1 | Kristina Ljunggren | 33:10 | 99 | 99 | 90 |
| 4.1 | Inger Berg | 1:02:27 | 73 | 7 | 75 |
| 5.1 | Anna-Sofie Bark | 1:23:49 | 195 | 12 | 75 |
| 77 | Rasti-Lukko 1 | | FIN | 4:49:07 | +57:10 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Emilia Teini | 54:52 | 244 | 25 | 244 |
| 2.1 | Silja Annila | 1:03:21 | 120 | 6 | 159 |
| 3.1 | Heidi Mattila | 36:45 | 187 | 187 | 158 |
| 4.1 | Anna Laitinen | 1:01:30 | 61 | 5 | 120 |
| 5.1 | Marika Teini | 1:12:39 | 122 | 4 | 77 |
| 78 | Domnarvets Golf 3 | | SWE | 4:49:38 | +57:41 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Bergfält | 48:29 | 133 | 17 | 133 |
| 2.1 | Sara Helander | 1:02:33 | 103 | 5 | 123 |
| 3.1 | Frida Emanuelsson | 34:33 | 129 | 129 | 118 |
| 4.1 | Linn Bjurstöm | 1:11:09 | 158 | 10 | 123 |
| 5.1 | Eva Jurenikova | 1:12:54 | 123 | 2 | 78 |

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|-----------|-----------------------------|------------------|---------------|----------------|----------------|
| 79 | SK Praga 1 | | CZE | 4:51:16 | +59:19 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Martina Spurna | 49:11 | 147 | 18 | 147 |
| 2.1 | Jana Valesova | 1:02:58 | 112 | 7 | 127 |
| 3.1 | Magdalena Rysava | 31:13 | 46 | 46 | 101 |
| 4.1 | Katerina Mateju | 1:09:42 | 146 | 9 | 107 |
| 5.1 | Vladena Hrstkova | 1:18:12 | 151 | 9 | 79 |
| 80 | Ulricehamns OK 2 | | SWE | 4:51:17 | +59:20 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Nilsson-Simkovics | 45:02 | 80 | 13 | 80 |
| 2.1 | Emelie Cedervärn | 1:02:18 | 100 | 9 | 94 |
| 3.1 | Lina Hulander | 32:11 | 73 | 73 | 77 |
| 4.1 | Lovisa Mannfolk | 1:06:45 | 118 | 8 | 85 |
| 5.1 | Helena Lidhage | 1:25:01 | 207 | 13 | 80 |
| 81 | KFUM Örebro OK 1 | | SWE | 4:51:19 | +59:22 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anette Carlsson | 44:45 | 72 | 12 | 72 |
| 2.1 | Emma Arlebo | 1:00:47 | 88 | 7 | 75 |
| 3.1 | Krisitn Jacobsson | 32:20 | 77 | 77 | 71 |
| 4.1 | Anna Jonhed | 1:07:10 | 121 | 8 | 78 |
| 5.1 | Edita Martusevičiūtė | 1:26:17 | 215 | 16 | 81 |
| 82 | IFK Umeå 1 | | SWE | 4:51:24 | +59:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Camilla Sjöberg | 45:40 | 101 | 14 | 101 |
| 2.1 | Anna Holmgren | 59:29 | 73 | 6 | 71 |
| 3.1 | Anna Lampinen | 31:59 | 67 | 67 | 63 |
| 4.1 | Elisabeth Halvarsson | 1:07:55 | 135 | 9 | 80 |
| 5.1 | Susanne Rutqvist | 1:26:21 | 216 | 17 | 82 |
| 83 | Södertälje-Nykvarn 1 | | SWE | 4:51:31 | +59:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jo Stevenson | 43:02 | 52 | 7 | 52 |
| 2.1 | Ines Brodmann | 53:39 | 23 | 2 | 20 |
| 3.1 | Jeanette Enckell | 29:52 | 30 | 30 | 27 |
| 4.1 | Karin Leonhardt | 1:13:58 | 189 | 13 | 64 |
| 5.1 | Kristina Almstöm | 1:31:00 | 247 | 17 | 83 |
| 84 | OK Denseln 1 | | SWE | 4:51:32 | +59:35 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ida Lindkvist | 43:50 | 65 | 9 | 65 |
| 2.1 | Melanie D'Harreville | 1:06:45 | 154 | 7 | 118 |
| 3.1 | Linnea Ivarsson Sandberg | 33:00 | 94 | 94 | 105 |
| 4.1 | Linda Lindkvist | 1:02:20 | 70 | 3 | 84 |
| 5.1 | Lotten Lindkvist | 1:25:37 | 209 | 14 | 84 |

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|-----------|------------------------------------|------------------|---------------|----------------|-----------------|
| 85 | IL Tyrving 1 | | NOR | 4:51:46 | +59:49 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ida A Tiltnes | 43:59 | 68 | 10 | 68 |
| 2.1 | Rannveig W Øverøyen | 1:01:06 | 92 | 8 | 70 |
| 3.1 | Åsa Franzén | 32:03 | 69 | 69 | 63 |
| 4.1 | Cassie T Nybråten | 59:36 | 54 | 3 | 58 |
| 5.1 | Anne W Øverøyen | 1:35:02 | 262 | 26 | 85 |
| 86 | Linköpings OK 1 | | SWE | 4:53:43 | +1:01:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Cecilia Kleist | 42:00 | 25 | 5 | 25 |
| 2.1 | Anna-Stina Påledal | 1:19:30 | 275 | 18 | 177 |
| 3.1 | Margarita Molotkova | 30:21 | 37 | 37 | 147 |
| 4.1 | Helén Persson | 58:19 | 40 | 4 | 95 |
| 5.1 | Olga Rieznychenko | 1:23:33 | 193 | 10 | 86 |
| 87 | Hämeenlinnan Suunnistajat 1 | | FIN | 4:53:45 | +1:01:48 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Katja Rodionova | 43:52 | 67 | 8 | 67 |
| 2.1 | Johanna Niittymäki | 1:02:56 | 111 | 6 | 86 |
| 3.1 | Emmi Jokinen | 34:04 | 118 | 118 | 86 |
| 4.1 | Polina Kuznetsova | 1:05:36 | 104 | 6 | 88 |
| 5.1 | Bernadett Kelemen | 1:27:17 | 226 | 19 | 87 |
| 88 | Heming/Njård O-lag 1 | | NOR | 4:53:51 | +1:01:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marte Ulvestad | 47:15 | 123 | 15 | 123 |
| 2.1 | Signe Astrup Arnesen | 1:01:11 | 94 | 6 | 101 |
| 3.1 | Pia Skyttersæter Iversen | 31:26 | 50 | 50 | 81 |
| 4.1 | Dagrun Melkild | 1:13:45 | 185 | 11 | 113 |
| 5.1 | Ragnhild Bråten | 1:20:14 | 165 | 11 | 88 |
| 89 | Lunds OK 1 | | SWE | 4:54:00 | +1:02:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanna Linsefors | 45:31 | 94 | 13 | 94 |
| 2.1 | Anna Olsson | 1:00:43 | 86 | 4 | 79 |
| 3.1 | Anna Bredfelt | 37:38 | 200 | 200 | 111 |
| 4.1 | Sieglinde Kundisch | 1:09:22 | 145 | 8 | 108 |
| 5.1 | Sara Snogerup | 1:20:46 | 168 | 12 | 89 |
| 90 | Hiisirasti 1 | | FIN | 4:54:28 | +1:02:31 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anastasia Tikhonova | 42:25 | 42 | 6 | 42 |
| 2.1 | Sari Koskinen | 1:03:18 | 119 | 6 | 76 |
| 3.1 | Marita Saari | 33:54 | 113 | 113 | 78 |
| 4.1 | Jenni Järvinen | 1:07:49 | 130 | 8 | 90 |
| 5.1 | Päivi Autio | 1:27:02 | 222 | 18 | 90 |

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|-----------|-----------------------------|------------------|---------------|----------------|-----------------|
| 90 | Lillomarka O-lag 2 | | NOR | 4:54:28 | +1:02:31 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kristin Åstebøl | 47:29 | 127 | 15 | 127 |
| 2.1 | Kari Svingheim | 1:02:37 | 104 | 9 | 107 |
| 3.1 | Tone Sundtjörn | 33:27 | 108 | 108 | 103 |
| 4.1 | Ingvild Bjørhei | 1:03:35 | 81 | 5 | 89 |
| 5.1 | Agnete Nummedal | 1:27:20 | 227 | 19 | 90 |
| 92 | NTNUI 4 | | NOR | 4:54:32 | +1:02:35 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofie Aarnes | 47:46 | 129 | 16 | 129 |
| 2.1 | Guro Torpe | 1:07:22 | 164 | 16 | 146 |
| 3.1 | Nina Smestad | 31:52 | 60 | 60 | 122 |
| 4.1 | Jenny Persson | 1:07:52 | 131 | 8 | 116 |
| 5.1 | Natalie Egli | 1:19:40 | 161 | 10 | 92 |
| 93 | Vimmerby OK 1 | | SWE | 4:54:43 | +1:02:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Johansson | 44:53 | 79 | 10 | 79 |
| 2.1 | Stefanie Andersson | 1:04:10 | 128 | 9 | 103 |
| 3.1 | Emma Pettersson | 35:10 | 141 | 141 | 112 |
| 4.1 | Agnes Adolfsson | 1:07:19 | 127 | 7 | 99 |
| 5.1 | Sofie Svensson | 1:23:11 | 187 | 14 | 93 |
| 94 | Sandefjord o-klubb 1 | | NOR | 4:54:56 | +1:02:59 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kristine Fjeldbo | 48:17 | 130 | 11 | 130 |
| 2.1 | Marie Asprusten | 1:02:54 | 109 | 7 | 124 |
| 3.1 | Ina Moe | 32:29 | 82 | 82 | 108 |
| 4.1 | Live Jørgensen | 1:03:47 | 83 | 6 | 91 |
| 5.1 | Elin Kristin Hem | 1:27:29 | 228 | 17 | 94 |
| 95 | IFK Lidingö SOK 2 | | SWE | 4:54:59 | +1:03:02 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Rachael Elder | 43:50 | 65 | 7 | 65 |
| 2.1 | Sofie Sihver | 1:03:01 | 113 | 10 | 88 |
| 3.1 | Sonia Rodière | 34:05 | 119 | 119 | 87 |
| 4.1 | Susanne Tistad | 1:11:02 | 157 | 9 | 100 |
| 5.1 | Linda Sjögren | 1:23:01 | 184 | 14 | 95 |
| 96 | Linköpings OK 2 | | SWE | 4:55:04 | +1:03:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anita Seeböck | 49:18 | 151 | 21 | 151 |
| 2.1 | Sarah Tibell | 1:05:28 | 150 | 8 | 144 |
| 3.1 | Sanna Eriksson | 32:02 | 68 | 68 | 121 |
| 4.1 | Fredrika Vångell | 1:06:32 | 116 | 7 | 110 |
| 5.1 | Nicole Scalet | 1:21:44 | 173 | 13 | 96 |

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|------------|--------------------------|------------------|---------------|----------------|-----------------|
| 97 | Pihkaniskat 1 | | FIN | 4:55:52 | +1:03:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Niina Hulkkonen | 44:47 | 74 | 9 | 74 |
| 2.1 | Johanna Hulkkonen | 1:02:37 | 104 | 5 | 95 |
| 3.1 | Ieva Brice | 31:34 | 52 | 52 | 73 |
| 4.1 | Päivi Luoma | 1:04:59 | 99 | 6 | 77 |
| 5.1 | Ilze Cahrausa | 1:31:55 | 253 | 21 | 97 |
| 98 | OK Linné 2 | | SWE | 4:55:57 | +1:04:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Axelsson Meyersso | 51:38 | 192 | 26 | 192 |
| 2.1 | Elisa Elstner | 1:04:14 | 130 | 9 | 149 |
| 3.1 | Karin Hedberg | 31:13 | 46 | 46 | 124 |
| 4.1 | Elin Olovsson | 1:05:37 | 105 | 8 | 105 |
| 5.1 | Rebecka Lindberg | 1:23:15 | 190 | 11 | 98 |
| 99 | OK Södertörn 1 | | SWE | 4:56:23 | +1:04:26 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Louise Markstedt | 48:56 | 143 | 12 | 143 |
| 2.1 | Marita Freimane | 59:08 | 69 | 5 | 97 |
| 3.1 | Tove Lagerberg | 34:03 | 116 | 116 | 92 |
| 4.1 | Helena Markstedt | 1:04:13 | 89 | 6 | 87 |
| 5.1 | Marielle Larsson | 1:30:03 | 240 | 15 | 99 |
| 100 | Paimion Rasti 2 | | FIN | 4:58:20 | +1:06:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sara Forsström | 45:57 | 110 | 14 | 110 |
| 2.1 | Henna Reponen | 1:12:06 | 205 | 13 | 158 |
| 3.1 | Signe Dambe | 36:15 | 168 | 168 | 152 |
| 4.1 | Camilla Hellström | 59:12 | 48 | 4 | 111 |
| 5.1 | Jaana Pulkkinen | 1:24:50 | 203 | 15 | 100 |
| 101 | Stora Tuna OK 2 | | SWE | 4:58:34 | +1:06:37 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helena Norberg | 44:51 | 77 | 10 | 77 |
| 2.1 | Pia Birkebäck | 1:02:19 | 101 | 5 | 92 |
| 3.1 | Lisa Nilsson-Lindgren | 36:34 | 179 | 179 | 109 |
| 4.1 | Britta Backlund | 1:03:52 | 84 | 4 | 92 |
| 5.1 | Juliette Soulard | 1:30:58 | 246 | 16 | 101 |
| 102 | Vänernsborgs SK 1 | | SWE | 4:58:36 | +1:06:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jenny Nyman | 52:28 | 199 | 21 | 199 |
| 2.1 | Sandra Wassblad | 1:06:23 | 153 | 10 | 161 |
| 3.1 | Inger Cederberg | 36:27 | 176 | 176 | 161 |
| 4.1 | Britta Sahlin | 1:01:24 | 60 | 4 | 122 |
| 5.1 | Sofia Salomonsson | 1:21:54 | 176 | 12 | 102 |

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|------------|--|------------------|---------------|----------------|-----------------|
| 103 | Nydalens Skiklub 2 | | NOR | 4:58:43 | +1:06:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ingvild Breistein | 54:15 | 233 | 30 | 233 |
| 2.1 | Berit Sofie Wiklund | 56:26 | 42 | 3 | 119 |
| 3.1 | Ida Tangen | 32:54 | 91 | 91 | 105 |
| 4.1 | Lisa Jansson | 1:09:10 | 143 | 10 | 106 |
| 5.1 | Maria Jonsson | 1:25:58 | 211 | 15 | 103 |
| 104 | Magnus Orienteering 2 | | CZE | 5:00:11 | +1:08:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lenka Pokolova | 41:54 | 21 | 7 | 21 |
| 2.1 | Adela Jakobova | 55:31 | 36 | 4 | 26 |
| 3.1 | Lenka Svobodova | 27:29 | 4 | 4 | 19 |
| 4.1 | Veronika Vavrova | 1:20:42 | 241 | 14 | 82 |
| 5.1 | Klara Vozdova | 1:34:35 | 260 | 21 | 104 |
| 105 | LYNX 2 | | FIN | 5:00:36 | +1:08:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Annika Kottonen | 54:10 | 232 | 27 | 232 |
| 2.1 | Hanna Kangasaho | 1:04:55 | 143 | 9 | 166 |
| 3.1 | Natalia Pikova | 35:10 | 141 | 141 | 150 |
| 4.1 | Meri Vihavainen | 1:10:04 | 149 | 9 | 141 |
| 5.1 | Evgeniya Ryapolova | 1:16:17 | 138 | 8 | 105 |
| 106 | Anttolan U./Kouvolan R./SK Vuoksi 1 | | FIN | 5:00:39 | +1:08:42 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Henna-Riikka Haikonen | 42:16 | 36 | 1 | 36 |
| 2.1 | Katja Vanhalakka | 1:04:39 | 138 | 9 | 89 |
| 3.1 | Kati Korhonen | 40:42 | 238 | 238 | 130 |
| 4.1 | Vilmalotta Silvonen | 1:04:43 | 94 | 8 | 102 |
| 5.1 | Laura Pajunen | 1:28:19 | 233 | 20 | 106 |
| 107 | Rasti-Kurikka 1 | | FIN | 5:00:43 | +1:08:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Piia Latva-Kiskola | 48:43 | 137 | 18 | 137 |
| 2.1 | Suvi Heittola | 1:04:15 | 133 | 10 | 132 |
| 3.1 | Jonna Kulmala | 38:47 | 218 | 218 | 146 |
| 4.1 | Outi Ala-Kasari | 1:04:46 | 95 | 9 | 121 |
| 5.1 | Teresa Kollanen | 1:24:12 | 198 | 11 | 107 |
| 108 | Porsgrunn OL 1 | | NOR | 5:00:44 | +1:08:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maja Knutsen | 45:42 | 103 | 13 | 103 |
| 2.1 | Thea Grande Ostby | 1:13:39 | 220 | 12 | 170 |
| 3.1 | Marie Styrvold | 32:48 | 87 | 87 | 148 |
| 4.1 | Kjersti Westin | 1:12:28 | 169 | 10 | 142 |
| 5.1 | Marte Grande Ostby | 1:16:07 | 137 | 7 | 108 |

| 109 Skarpnäcks OL 1 | | SWE 5:00:54 | | | +1:08:57 |
|--------------------------|---------------------------|-------------|---------|---------|----------|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Emma Carlsson | 43:18 | 59 | 10 | 59 |
| 2.1 | Fanny Deckner | 1:03:04 | 115 | 6 | 80 |
| 3.1 | Ellinor Björk | 33:18 | 104 | 104 | 79 |
| 4.1 | Sanna Batz | 1:19:15 | 223 | 15 | 126 |
| 5.1 | Malin Lönqvist | 1:21:59 | 177 | 9 | 109 |
| 110 Täby Ok 2 | | SWE 5:01:15 | | | +1:09:18 |
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Elin Karlsson | 51:10 | 183 | 23 | 183 |
| 2.1 | Lisa Rönnols | 57:54 | 56 | 4 | 104 |
| 3.1 | Hedvig Markgren | 35:23 | 147 | 147 | 113 |
| 4.1 | Maria von Schmalensée | 1:06:04 | 113 | 7 | 97 |
| 5.1 | Alexandra Svanström | 1:30:44 | 245 | 22 | 110 |
| 111 OK Tisaren 2 | | SWE 5:01:22 | | | +1:09:25 |
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Josefin Aronsson | 49:53 | 170 | 24 | 170 |
| 2.1 | Therese Westher | 1:00:25 | 83 | 3 | 111 |
| 3.1 | Julia Lauri | 33:12 | 101 | 101 | 102 |
| 4.1 | Rebecka Nylin | 1:02:48 | 76 | 4 | 86 |
| 5.1 | Lovisa Persson | 1:35:04 | 263 | 20 | 111 |
| 112 Ås-UMB Orientering 1 | | NOR 5:02:07 | | | +1:10:10 |
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Helene Lund-Johansen | 47:15 | 123 | 20 | 123 |
| 2.1 | Ine Hovi | 59:21 | 71 | 7 | 85 |
| 3.1 | Malin Eijsink | 32:19 | 76 | 76 | 72 |
| 4.1 | Nikoline Ekeberg Schjerve | 1:19:28 | 227 | 13 | 125 |
| 5.1 | Silje Uhlen Maurseth | 1:23:44 | 194 | 12 | 112 |
| 113 Soik Hellas 2 | | SWE 5:03:58 | | | +1:12:01 |
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Olga Zherdeva | 47:00 | 121 | 15 | 121 |
| 2.1 | Vesta Ambrazaitė | 1:08:53 | 172 | 9 | 150 |
| 3.1 | Lotta Thureson Giberg | 34:56 | 135 | 135 | 144 |
| 4.1 | Eva Gustavsson | 1:14:51 | 195 | 13 | 145 |
| 5.1 | Ausrine Kutkaite | 1:18:18 | 152 | 7 | 113 |
| 114 KOO-VEE 2 | | FIN 5:04:14 | | | +1:12:17 |
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Tuuli Paunonen | 44:46 | 73 | 9 | 73 |
| 2.1 | Miina Kanko | 1:00:30 | 84 | 7 | 72 |
| 3.1 | Minna Saarinen | 36:23 | 173 | 173 | 91 |
| 4.1 | Natalia Kanko | 1:03:52 | 84 | 5 | 81 |
| 5.1 | Kirsi Saarinen | 1:38:43 | 279 | 24 | 114 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 115 | Dalaportens OL 1 | | SWE | 5:04:15 | +1:12:18 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helena Andersson | 42:10 | 34 | 3 | 34 |
| 2.1 | Liina Haldna | 1:19:42 | 278 | 17 | 179 |
| 3.1 | Karin Holm | 35:23 | 147 | 147 | 162 |
| 4.1 | Maria Jonsson | 1:02:03 | 68 | 5 | 127 |
| 5.1 | Lisa Silvemmark | 1:24:57 | 206 | 12 | 115 |
| 116 | Leksands OK 2 | | SWE | 5:05:43 | +1:13:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Spångmyr | 50:12 | 173 | 21 | 173 |
| 2.1 | Caroline Kaipe | 1:00:11 | 80 | 4 | 113 |
| 3.1 | Johanna Sarenmark | 33:16 | 103 | 103 | 107 |
| 4.1 | Maria Junevik | 1:10:51 | 155 | 8 | 114 |
| 5.1 | Anna Haglund | 1:31:13 | 248 | 17 | 116 |
| 117 | Gävle OK 1 | | SWE | 5:05:47 | +1:13:50 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Carlotta Bergqvist | 43:47 | 63 | 12 | 63 |
| 2.1 | Christine Persson | 1:05:52 | 151 | 12 | 106 |
| 3.1 | Linda Svensson | 37:37 | 198 | 198 | 127 |
| 4.1 | Matilda Österberg | 1:07:14 | 125 | 8 | 114 |
| 5.1 | Ingela Eriksson | 1:31:17 | 249 | 16 | 117 |
| 118 | Polish Junior Team 1 | | POL | 5:06:05 | +1:14:08 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Paulina Faron | 42:03 | 28 | 6 | 28 |
| 2.1 | Anna Morawska | 1:02:53 | 108 | 6 | 67 |
| 3.1 | Natalia Ewiak | 32:22 | 78 | 78 | 66 |
| 4.1 | Angelika Linska | 1:20:45 | 243 | 16 | 124 |
| 5.1 | Ewa Gwozdz | 1:28:02 | 231 | 18 | 118 |
| 119 | Söders SOL-Tyresö 2 | | SWE | 5:06:19 | +1:14:22 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Fanni Gyorko | 41:48 | 19 | 2 | 19 |
| 2.1 | Åsa Pahlén | 1:04:47 | 139 | 9 | 84 |
| 3.1 | Åsa Lannersjö | 36:10 | 163 | 163 | 98 |
| 4.1 | Nina Larsson | 1:05:23 | 102 | 7 | 93 |
| 5.1 | Tekle Gvildyte | 1:38:11 | 277 | 20 | 119 |
| 120 | Sävedalens AIK 3 | | SWE | 5:06:20 | +1:14:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lisa Palm | 51:16 | 188 | 25 | 188 |
| 2.1 | Erika Lindqvist | 1:05:14 | 146 | 7 | 153 |
| 3.1 | Yvonne Weihard | 36:25 | 174 | 174 | 149 |
| 4.1 | Maria Gustafsson | 1:07:46 | 129 | 8 | 131 |
| 5.1 | Ida-Maria Svensson | 1:25:39 | 210 | 14 | 120 |

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|------------|----------------------------|------------------|---------------|----------------|-----------------|
| 121 | OK Hällén 2 | | SWE | 5:06:26 | +1:14:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Charlotte Bouchet | 43:08 | 55 | 10 | 55 |
| 2.1 | Emma Öberg | 1:07:21 | 163 | 12 | 116 |
| 3.1 | Elin Hultman | 39:09 | 226 | 226 | 138 |
| 4.1 | Therese Carlsson | 1:11:27 | 160 | 9 | 132 |
| 5.1 | Ida Hedman | 1:25:21 | 208 | 13 | 121 |
| 122 | IFK Göteborg 2 | | SWE | 5:06:35 | +1:14:38 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sandra Laas | 49:34 | 161 | 23 | 161 |
| 2.1 | Josefina Norin | 1:01:08 | 93 | 7 | 120 |
| 3.1 | Gry Johansen | 34:03 | 116 | 116 | 116 |
| 4.1 | Ida Hördegårdh | 1:10:13 | 151 | 10 | 117 |
| 5.1 | Karen Williams | 1:31:37 | 251 | 24 | 122 |
| 123 | Umeå OK 1 | | SWE | 5:10:14 | +1:18:17 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Linnea Olofsson | 52:55 | 207 | 27 | 207 |
| 2.1 | Elisabeth Fries | 1:09:09 | 176 | 8 | 183 |
| 3.1 | Anna Hallmén | 38:18 | 208 | 208 | 180 |
| 4.1 | Johanna Hallberg | 1:09:01 | 141 | 9 | 169 |
| 5.1 | Åsa Lindqvist | 1:20:51 | 169 | 10 | 123 |
| 124 | FK Herkules 1 | | SWE | 5:10:17 | +1:18:20 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sara Prince | 44:10 | 69 | 11 | 69 |
| 2.1 | Lina Lindqvist | 1:21:00 | 287 | 17 | 198 |
| 3.1 | Solrun Gotteberg | 36:50 | 188 | 188 | 187 |
| 4.1 | Anna Martner | 1:07:11 | 123 | 11 | 167 |
| 5.1 | Laila B.Höglund | 1:21:06 | 172 | 8 | 124 |
| 125 | Rastivarsat 1 | | FIN | 5:10:18 | +1:18:21 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Tessa Pulli | 49:49 | 167 | 20 | 167 |
| 2.1 | Maarit Dahlman-Tervalva | 1:17:34 | 263 | 17 | 205 |
| 3.1 | Siiri Lepola | 38:40 | 214 | 214 | 215 |
| 4.1 | Hanna Laine | 1:11:12 | 159 | 12 | 196 |
| 5.1 | Irina Mihalko | 1:13:03 | 125 | 5 | 125 |
| 126 | Tampereen Pyrintö 3 | | FIN | 5:10:27 | +1:18:30 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Saana Vahvelainen | 54:05 | 231 | 36 | 231 |
| 2.1 | Sara Huhtanen | 1:13:36 | 219 | 17 | 209 |
| 3.1 | Salla Vahvelainen | 37:36 | 197 | 197 | 213 |
| 4.1 | Tuija Laine | 1:04:06 | 88 | 5 | 169 |
| 5.1 | Anna-Sofia Marila | 1:21:04 | 170 | 8 | 126 |

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|------------|---------------------------|------------------|---------------|----------------|-----------------|
| 127 | Nybro OK 1 | | SWE | 5:10:30 | +1:18:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Daria Lajn | 42:02 | 26 | 3 | 26 |
| 2.1 | Lena Jakobsson | 1:05:02 | 144 | 12 | 90 |
| 3.1 | Magdalena Jonsson | 35:19 | 144 | 144 | 96 |
| 4.1 | Erika Knutsson | 1:24:55 | 262 | 16 | 158 |
| 5.1 | Julia Lundquist | 1:23:12 | 189 | 14 | 127 |
| 128 | Tjällmo-Godegård 1 | | SWE | 5:10:34 | +1:18:37 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Svensk | 47:13 | 122 | 16 | 122 |
| 2.1 | Annalena Axelsson | 1:19:50 | 280 | 19 | 199 |
| 3.1 | Camilla Carlsson | 36:44 | 185 | 185 | 208 |
| 4.1 | Annalotta Irewall | 1:08:19 | 136 | 9 | 174 |
| 5.1 | Lena Ström | 1:18:28 | 154 | 8 | 128 |
| 129 | Bredaryds SOK 1 | | SWE | 5:10:38 | +1:18:41 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Åsa Wadensjö-Leo | 49:29 | 156 | 25 | 156 |
| 2.1 | Sara Johansson | 1:07:16 | 161 | 10 | 156 |
| 3.1 | Ina Skalberg | 38:03 | 205 | 205 | 157 |
| 4.1 | Jennie Johansson | 1:12:35 | 172 | 11 | 159 |
| 5.1 | Amanda Leo | 1:23:15 | 190 | 11 | 129 |
| 130 | Tullinge SK 4 | | SWE | 5:10:55 | +1:18:58 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Andrea Westerdahl | 45:38 | 99 | 16 | 99 |
| 2.1 | Elin Sundqvist | 1:21:58 | 293 | 18 | 208 |
| 3.1 | Lin Normark | 35:33 | 152 | 152 | 195 |
| 4.1 | Kerstin Imark | 1:02:55 | 77 | 5 | 147 |
| 5.1 | Linn Pettersson | 1:24:51 | 205 | 12 | 130 |
| 131 | SOK Viljan 1 | | SWE | 5:11:12 | +1:19:15 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Josefine Carlsson | 51:07 | 182 | 25 | 182 |
| 2.1 | Anna Svensson | 1:04:13 | 129 | 8 | 148 |
| 3.1 | Maria Rindstig | 34:22 | 125 | 125 | 140 |
| 4.1 | Åsa Bergfors | 1:13:40 | 184 | 13 | 138 |
| 5.1 | Agneta Nilsson | 1:27:50 | 230 | 15 | 131 |
| 132 | DELTA 2 | | FIN | 5:13:00 | +1:21:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Essi Kangasaho | 49:27 | 154 | 21 | 154 |
| 2.1 | Elena Novikova | 1:07:00 | 157 | 11 | 152 |
| 3.1 | Heli Noponen | 34:20 | 124 | 124 | 143 |
| 4.1 | Saana Orkola | 1:09:03 | 142 | 11 | 129 |
| 5.1 | Elina Virekunnas | 1:33:10 | 257 | 18 | 132 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 133 | Nyköpings OK 1 | | SWE | 5:15:04 | +1:23:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sandra Edhager | 1:00:25 | 298 | 38 | 298 |
| 2.1 | Marika Ek Nylund | 1:08:51 | 171 | 13 | 226 |
| 3.1 | Klara Tollmar | 34:00 | 115 | 115 | 199 |
| 4.1 | Maria Wallstöm | 1:05:46 | 110 | 7 | 165 |
| 5.1 | Ida Hylander | 1:26:02 | 212 | 16 | 133 |
| 134 | IFK Moras OK 3 | | SWE | 5:15:22 | +1:23:25 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ida Johansson | 44:44 | 71 | 11 | 71 |
| 2.1 | Sara Rapp | 1:00:15 | 81 | 6 | 69 |
| 3.1 | Malin Eriksson | 32:33 | 83 | 83 | 67 |
| 4.1 | Maria Nordström | 1:13:56 | 187 | 11 | 98 |
| 5.1 | Cajsa Grape | 1:43:54 | 292 | 21 | 134 |
| 135 | Espoon Suunta 1 | | FIN | 5:15:23 | +1:23:26 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jenni Simola | 49:51 | 169 | 24 | 169 |
| 2.1 | Sini Pekkala | 56:43 | 43 | 3 | 83 |
| 3.1 | Virpi Palmén | 33:15 | 102 | 102 | 80 |
| 4.1 | Seidi Roine | 1:26:21 | 269 | 20 | 148 |
| 5.1 | Anu Uhotoinen | 1:29:13 | 236 | 20 | 135 |
| 136 | SK Zabovresky Brno 2 | | CZE | 5:15:31 | +1:23:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marketa Tesarova | 49:26 | 153 | 23 | 153 |
| 2.1 | Kristyna Mervartova | 1:03:44 | 122 | 7 | 134 |
| 3.1 | Petra Koporova | 36:15 | 168 | 168 | 136 |
| 4.1 | Lucie Meznikova | 1:11:49 | 164 | 10 | 133 |
| 5.1 | Barbora Hruskova | 1:34:17 | 259 | 19 | 136 |
| 137 | OK Orient 1 | | FIN | 5:15:42 | +1:23:45 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanni Lepola | 44:49 | 76 | 10 | 76 |
| 2.1 | Charlotta Linnaila | 1:11:25 | 198 | 10 | 151 |
| 3.1 | Emma Simosas | 32:28 | 81 | 81 | 135 |
| 4.1 | Hilla Lamminpää | 1:04:48 | 96 | 7 | 111 |
| 5.1 | Henrica Wiksten | 1:42:12 | 285 | 21 | 137 |
| 138 | Attunda OK 1 | | SWE | 5:15:48 | +1:23:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jenny Eliasson | 49:29 | 156 | 13 | 156 |
| 2.1 | Frida Forshällen | 1:19:35 | 276 | 19 | 224 |
| 3.1 | Agnes Lindström | 34:16 | 122 | 122 | 200 |
| 4.1 | Terese Herlin | 1:05:40 | 106 | 9 | 164 |
| 5.1 | Anna Strand | 1:26:48 | 220 | 15 | 138 |

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|------------|--|------------------|---------------|----------------|-----------------|
| 139 | OK Linné 3 | | SWE | 5:15:51 | +1:23:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lena Kask | 54:24 | 237 | 31 | 237 |
| 2.1 | Helen Nilsson | 1:14:20 | 229 | 15 | 223 |
| 3.1 | Mari Troeng | 33:09 | 98 | 98 | 186 |
| 4.1 | Karna Thorsson | 1:04:03 | 87 | 8 | 146 |
| 5.1 | Jenny Westerbergh | 1:29:55 | 238 | 21 | 139 |
| 140 | Fossum IF 1 | | NOR | 5:15:57 | +1:24:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Julie Størmer | 52:40 | 202 | 27 | 202 |
| 2.1 | Tonje Granne Kvale | 58:38 | 63 | 5 | 125 |
| 3.1 | Lucie Størmer | 32:15 | 74 | 74 | 103 |
| 4.1 | Kjersti Hov | 1:08:48 | 140 | 10 | 103 |
| 5.1 | Bente Landmark | 1:43:36 | 291 | 22 | 140 |
| 141 | Jönköpings OK 1 | | SWE | 5:16:16 | +1:24:19 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Andersson | 45:40 | 101 | 7 | 101 |
| 2.1 | Kristina Andersson | 1:01:33 | 96 | 8 | 93 |
| 3.1 | Frida Gustafsson | 34:12 | 121 | 121 | 89 |
| 4.1 | Therese Barje | 1:10:52 | 156 | 11 | 101 |
| 5.1 | Maria Ling | 1:43:59 | 293 | 25 | 141 |
| 142 | Täby Ok 3 | | SWE | 5:16:31 | +1:24:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Herbert | 51:52 | 197 | 18 | 197 |
| 2.1 | Annika Nilsson | 1:18:55 | 270 | 18 | 250 |
| 3.1 | My Rönnols | 38:40 | 214 | 214 | 232 |
| 4.1 | Elin Björkman | 1:04:25 | 92 | 8 | 182 |
| 5.1 | Christina Lävald Hellberg | 1:22:39 | 182 | 10 | 142 |
| 143 | Lahden Taimi/Lahden Suu./Mäntsälä | | FIN | 5:16:34 | +1:24:37 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elisa Mäkinen | 45:37 | 98 | 16 | 98 |
| 2.1 | Alena Chukareva | 57:04 | 48 | 5 | 50 |
| 3.1 | Marjaana Andelin | 36:26 | 175 | 175 | 75 |
| 4.1 | Sanna Andelin | 1:01:53 | 67 | 3 | 65 |
| 5.1 | Leena Kuusipohja | 1:55:34 | 317 | 32 | 143 |
| 144 | Halmstad/Oskarström 1 | | SWE | 5:16:40 | +1:24:43 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Settergren | 53:10 | 213 | 20 | 213 |
| 2.1 | Karin Karlsson | 1:14:04 | 226 | 14 | 200 |
| 3.1 | Susanne Håkansson | 38:16 | 206 | 206 | 214 |
| 4.1 | Ingela Alvmyren | 1:10:32 | 153 | 14 | 187 |
| 5.1 | Linn Söderström | 1:20:38 | 167 | 8 | 144 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 145 | OK Tyr 2 | | SWE | 5:16:49 | +1:24:52 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Johanna Råberg | 46:07 | 113 | 14 | 113 |
| 2.1 | Anna Brodin | 1:07:13 | 160 | 10 | 138 |
| 3.1 | Elisabet Öström | 36:21 | 172 | 172 | 139 |
| 4.1 | Maria Brodin | 1:12:00 | 165 | 9 | 134 |
| 5.1 | Sofia Levin | 1:35:08 | 264 | 22 | 145 |
| 145 | Järila Orientering 2 | | SWE | 5:16:49 | +1:24:52 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ellen Jansson | 51:03 | 180 | 23 | 180 |
| 2.1 | Klara Hall | 1:09:07 | 175 | 11 | 174 |
| 3.1 | My Heinrup | 43:14 | 262 | 262 | 201 |
| 4.1 | Ellinor Fransson | 1:03:19 | 79 | 6 | 150 |
| 5.1 | Malin Sandström | 1:30:06 | 241 | 19 | 145 |
| 147 | Roxen/Sjärnorp 2 | | SWE | 5:16:51 | +1:24:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Amanda Thellsén | 55:24 | 250 | 35 | 250 |
| 2.1 | Susanne Pettersson | 1:15:44 | 245 | 15 | 253 |
| 3.1 | Josefine Lindgren | 38:29 | 211 | 211 | 234 |
| 4.1 | Annika Asketun | 1:04:13 | 89 | 7 | 181 |
| 5.1 | Lisa Johansson | 1:23:01 | 184 | 9 | 147 |
| 148 | Asker Skiklubb 1 | | NOR | 5:16:54 | +1:24:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Lill Eriksen | 50:55 | 179 | 22 | 179 |
| 2.1 | Karoline Andersen | 1:08:19 | 168 | 10 | 168 |
| 3.1 | Grethe Løvald | 35:54 | 158 | 158 | 159 |
| 4.1 | Hilda Øfsthus | 1:08:26 | 138 | 12 | 140 |
| 5.1 | Marianne Mellbye Larsen | 1:33:20 | 258 | 25 | 148 |
| 149 | GOLF Tjalve 1 | | SWE | 5:17:00 | +1:25:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Gabriella Jarl | 57:28 | 267 | 37 | 267 |
| 2.1 | Lena Malmström | 1:12:17 | 207 | 13 | 238 |
| 3.1 | Lisa Malmström | 32:59 | 92 | 92 | 189 |
| 4.1 | Hillevi Luks | 1:04:21 | 91 | 7 | 155 |
| 5.1 | Ida Jonsson | 1:29:55 | 238 | 16 | 149 |
| 150 | Fredrikstads SK 2 | | NOR | 5:17:24 | +1:25:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Nikoline Bromander | 55:17 | 248 | 28 | 248 |
| 2.1 | Stine Alexandersen | 1:03:46 | 123 | 8 | 165 |
| 3.1 | Elise Jakobsen | 42:28 | 256 | 256 | 183 |
| 4.1 | Trine Olaussen | 1:05:15 | 101 | 5 | 151 |
| 5.1 | Anne-Sofie Klavestad | 1:30:38 | 244 | 21 | 150 |

| 151 | | Ärla IF 1 | SWE | 5:17:35 | +1:25:38 |
|-----|---------------------------|----------------------|--------|---------|----------|
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lisa Andersson | 54:21 | 235 | 29 | 235 |
| 2.1 | Sandra Karlsson-Bierfeldt | 1:13:57 | 225 | 13 | 214 |
| 3.1 | Mona Bierfeldt | 33:33 | 109 | 109 | 184 |
| 4.1 | Bettina Hoelgaard | 1:07:12 | 124 | 9 | 166 |
| 5.1 | Emma Andersson | 1:28:32 | 234 | 15 | 151 |
| 152 | | Raumar orientering 1 | NOR | 5:18:16 | +1:26:19 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Oda Wennemo | 41:06 | 11 | 5 | 11 |
| 2.1 | Trine Breen | 1:12:33 | 212 | 12 | 141 |
| 3.1 | Lene Kinneberg | 34:09 | 120 | 120 | 132 |
| 4.1 | Stine H Dalberg | 1:15:15 | 198 | 12 | 136 |
| 5.1 | Anne K Hovind | 1:35:13 | 266 | 21 | 152 |
| 153 | | Lapuan Virkiä 1 | FIN | 5:20:01 | +1:28:04 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Johanna Pensas | 45:39 | 100 | 11 | 100 |
| 2.1 | Hanna Lehto | 1:11:01 | 197 | 13 | 154 |
| 3.1 | Elina Erkkilä | 37:50 | 203 | 203 | 155 |
| 4.1 | Essi Varjonen | 1:12:38 | 173 | 11 | 156 |
| 5.1 | Sanna Palomäki | 1:32:53 | 256 | 20 | 153 |
| 154 | | OK Kåre 2 | SWE | 5:21:15 | +1:29:18 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Björklund | 55:14 | 246 | 30 | 246 |
| 2.1 | Kajsa Risby | 59:51 | 79 | 7 | 145 |
| 3.1 | Malin Engström | 44:16 | 272 | 272 | 171 |
| 4.1 | Martina Arkåsen | 1:14:50 | 194 | 12 | 183 |
| 5.1 | Rebecka Adolfsson | 1:27:04 | 223 | 13 | 154 |
| 155 | | Uddevalla OK 1 | SWE | 5:21:22 | +1:29:25 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Emelie Winesh | 52:40 | 202 | 22 | 202 |
| 2.1 | Lina Karlsson | 1:12:19 | 208 | 17 | 196 |
| 3.1 | Malin Widén | 37:13 | 193 | 193 | 188 |
| 4.1 | Linnea Gustafsson | 1:12:33 | 171 | 10 | 184 |
| 5.1 | Jenny Karlsson | 1:26:37 | 218 | 17 | 155 |
| 156 | | OK Alehof 1 | SWE | 5:21:29 | +1:29:32 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Lövgård | 49:45 | 165 | 19 | 165 |
| 2.1 | Lotta Nilsson | 1:05:26 | 148 | 10 | 147 |
| 3.1 | Ellinor Johansson | 42:37 | 257 | 257 | 169 |
| 4.1 | Kristin Olsson | 1:19:44 | 235 | 16 | 197 |
| 5.1 | Ylva Sunesson | 1:23:57 | 196 | 15 | 156 |

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|------------|------------------------------|------------------|---------------|----------------|-----------------|
| 157 | Jämsän Retki-Veikot 1 | | FIN | 5:22:01 | +1:30:04 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Närhi | 45:04 | 81 | 14 | 81 |
| 2.1 | Maaret Rantanen | 59:49 | 77 | 6 | 66 |
| 3.1 | Sanna Vuorenpää | 35:04 | 138 | 138 | 83 |
| 4.1 | Laura Janhunen | 1:16:15 | 205 | 13 | 118 |
| 5.1 | Minna Truhponen | 1:45:49 | 299 | 24 | 157 |
| 158 | Centrum OK 1 | | SWE | 5:22:13 | +1:30:16 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Moa Kjellstrand | 45:33 | 95 | 13 | 95 |
| 2.1 | Sofia Andersson | 1:07:54 | 166 | 11 | 140 |
| 3.1 | Elina Johnsson | 33:39 | 111 | 111 | 125 |
| 4.1 | Mette Petersson | 1:20:17 | 240 | 15 | 159 |
| 5.1 | Lena Öhman | 1:34:50 | 261 | 19 | 158 |
| 159 | Porsgrunn OL 2 | | NOR | 5:22:24 | +1:30:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Ulvenson | 45:26 | 92 | 12 | 92 |
| 2.1 | Guro Vassend | 1:01:02 | 90 | 5 | 81 |
| 3.1 | Tone Grande | 41:56 | 248 | 248 | 134 |
| 4.1 | Hilde Vassend | 1:21:21 | 247 | 14 | 171 |
| 5.1 | Marta Ulvenson | 1:32:39 | 255 | 22 | 159 |
| 160 | Växjö OK 1 | | SWE | 5:22:26 | +1:30:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lena Regnell | 53:45 | 223 | 26 | 223 |
| 2.1 | Katarina Lindén | 1:16:11 | 252 | 15 | 242 |
| 3.1 | Annika Ericsson | 33:54 | 113 | 113 | 209 |
| 4.1 | Gunilla Karlsson | 1:12:15 | 167 | 9 | 188 |
| 5.1 | Helena Linden | 1:26:21 | 216 | 17 | 160 |
| 161 | OK Rodhen 2 | | SWE | 5:22:38 | +1:30:41 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Jacobsson | 52:56 | 208 | 19 | 208 |
| 2.1 | Emma Jonsson | 1:10:22 | 190 | 10 | 190 |
| 3.1 | Yvonne Grehn | 36:44 | 185 | 185 | 176 |
| 4.1 | Annika Ardell | 1:07:10 | 121 | 10 | 157 |
| 5.1 | Marie Jacobsson | 1:35:26 | 267 | 19 | 161 |
| 162 | OK Milan 1 | | SWE | 5:22:49 | +1:30:52 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marika Lindahl | 56:02 | 256 | 29 | 256 |
| 2.1 | Lisa Westerberg | 1:15:06 | 238 | 14 | 253 |
| 3.1 | Lovisa Berg | 32:04 | 71 | 71 | 197 |
| 4.1 | Therese Korkeakoski | 1:13:28 | 183 | 10 | 190 |
| 5.1 | Malin Jacobsson | 1:26:09 | 213 | 16 | 162 |

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|------------|------------------------------------|------------------|---------------|----------------|-----------------|
| 163 | Västerås SOK 2 | | SWE | 5:23:01 | +1:31:04 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Inger Gunnarsson | 46:00 | 112 | 19 | 112 |
| 2.1 | Elin Johansson | 1:17:05 | 259 | 16 | 188 |
| 3.1 | Anna Nygård | 37:09 | 190 | 190 | 178 |
| 4.1 | Maria Ivermark | 1:06:38 | 117 | 8 | 152 |
| 5.1 | Eva Singman-Palm | 1:36:09 | 271 | 22 | 163 |
| 164 | OK Klemmingen/IFK Göt | | SWE | 5:23:32 | +1:31:35 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Pramlid | 1:01:23 | 309 | 38 | 309 |
| 2.1 | Elin Pramlid | 1:08:19 | 168 | 14 | 237 |
| 3.1 | Ebba Askeljung | 34:38 | 130 | 130 | 211 |
| 4.1 | Frida Kjellberg | 1:12:21 | 168 | 11 | 191 |
| 5.1 | Julia Davidsson | 1:26:51 | 221 | 14 | 164 |
| 165 | Linköpings OK 3 | | SWE | 5:25:15 | +1:33:18 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Josefina Almén | 57:52 | 268 | 31 | 268 |
| 2.1 | Julia Almén | 1:05:26 | 148 | 14 | 190 |
| 3.1 | Julia Tjärnström | 36:14 | 167 | 167 | 172 |
| 4.1 | Hanna Tjärnström | 1:17:35 | 212 | 12 | 194 |
| 5.1 | Linnea Faxén | 1:28:08 | 232 | 20 | 165 |
| 166 | Kils OK 1 | | SWE | 5:25:54 | +1:33:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanna Skoog | 54:23 | 236 | 22 | 236 |
| 2.1 | Anna Nordström | 1:04:52 | 141 | 10 | 169 |
| 3.1 | Helén Skoog | 36:00 | 159 | 159 | 160 |
| 4.1 | Anna Lundqvist | 1:27:39 | 271 | 18 | 208 |
| 5.1 | Sofia Holmgård | 1:23:00 | 183 | 11 | 166 |
| 167 | Östersunds OK 1 | | SWE | 5:26:21 | +1:34:24 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helena Olsson | 58:24 | 281 | 41 | 281 |
| 2.1 | Catrin Ingvarsson | 1:00:43 | 86 | 8 | 167 |
| 3.1 | Ida Willén | 38:59 | 223 | 223 | 170 |
| 4.1 | Eva Lindstén | 1:26:16 | 268 | 16 | 215 |
| 5.1 | Erica Johansson | 1:21:59 | 177 | 12 | 167 |
| 168 | Bromma-Vällingby/Järfälla 2 | | SWE | 5:26:51 | +1:34:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Katarina Galle | 52:41 | 204 | 24 | 204 |
| 2.1 | Julia Blomqvist | 57:33 | 54 | 2 | 110 |
| 3.1 | Gunilla Thunstedt | 32:38 | 85 | 85 | 99 |
| 4.1 | Caroline Trollstadius | 1:13:27 | 182 | 12 | 119 |
| 5.1 | Emma Bjessmo | 1:50:32 | 308 | 26 | 168 |

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|------------|------------------------------|------------------|---------------|----------------|-----------------|
| 169 | Främmestad/Ryda 1 | | SWE | 5:27:22 | +1:35:25 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elsa Jansson | 43:45 | 62 | 7 | 62 |
| 2.1 | Kristin Skaar | 1:04:25 | 135 | 8 | 99 |
| 3.1 | Kerstin Andersson | 36:42 | 184 | 184 | 117 |
| 4.1 | Linda Larsson | 1:14:51 | 195 | 11 | 128 |
| 5.1 | Sanna Svensson | 1:47:39 | 303 | 27 | 169 |
| 170 | Ähtärin Urheilijat 1 | | FIN | 5:27:24 | +1:35:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Johanna Kriikkula | 45:17 | 88 | 13 | 88 |
| 2.1 | Hanna Siven | 1:04:51 | 140 | 9 | 108 |
| 3.1 | Anni Anjala | 37:16 | 194 | 194 | 128 |
| 4.1 | Hanna Aho | 1:19:36 | 230 | 15 | 154 |
| 5.1 | Eeva-Stiina Väätäinen | 1:40:24 | 282 | 22 | 170 |
| 171 | Helsingborgs SOK 1 | | SWE | 5:28:46 | +1:36:49 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Dahl | 46:49 | 119 | 16 | 119 |
| 2.1 | Angelika Larsson | 1:03:58 | 126 | 11 | 121 |
| 3.1 | Anna Åhlin | 36:40 | 182 | 182 | 129 |
| 4.1 | Josefine Nilsson | 1:31:07 | 287 | 18 | 199 |
| 5.1 | Lotta Lewis-Jonsson | 1:30:12 | 242 | 16 | 171 |
| 172 | Angelniemen Ankkuri 2 | | FIN | 5:30:23 | +1:38:26 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Fanny Kurppa | 51:41 | 194 | 31 | 194 |
| 2.1 | Pinja Kurppa | 1:09:03 | 173 | 10 | 175 |
| 3.1 | Milla Saarimäki | 36:36 | 180 | 180 | 164 |
| 4.1 | Matleena Kukkonen | 1:10:41 | 154 | 8 | 162 |
| 5.1 | Joosefiina Kukkonen | 1:42:22 | 286 | 19 | 172 |
| 173 | Kalmar OK 1 | | SWE | 5:30:36 | +1:38:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jolanta Kolosinska | 45:23 | 90 | 13 | 90 |
| 2.1 | Anna Gornicka-Antonowic | 1:01:25 | 95 | 6 | 86 |
| 3.1 | Anne Lindell | 37:44 | 202 | 202 | 114 |
| 4.1 | Justyna Tynelska | 1:18:31 | 217 | 14 | 136 |
| 5.1 | Anna Arvidsson | 1:47:33 | 302 | 28 | 173 |
| 174 | Skåneslättnens OL 1 | | SWE | 5:30:45 | +1:38:48 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofie Hansen | 52:54 | 206 | 33 | 206 |
| 2.1 | Matilda Olsson | 1:17:00 | 256 | 16 | 241 |
| 3.1 | Ina Lindeberg | 33:19 | 105 | 105 | 198 |
| 4.1 | Linda Nilsson | 1:09:48 | 148 | 10 | 178 |
| 5.1 | Pernilla Olsson | 1:37:44 | 275 | 24 | 174 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 175 | Göteborg-Majorna 2 | | SWE | 5:31:12 | +1:39:15 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sara Johansson | 46:07 | 113 | 9 | 113 |
| 2.1 | Rachel Engeler | 1:04:25 | 135 | 9 | 117 |
| 3.1 | Åsa Nordberg | 31:49 | 59 | 59 | 95 |
| 4.1 | Sara Svensson | 1:30:45 | 286 | 17 | 179 |
| 5.1 | Karolina Källstrand | 1:38:06 | 276 | 23 | 175 |
| 176 | Boxholm-Mjölby OL 1 | | SWE | 5:31:17 | +1:39:20 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Bodil Molin | 53:40 | 220 | 25 | 220 |
| 2.1 | Mia Lindberg | 1:10:05 | 182 | 11 | 193 |
| 3.1 | Britta Norén | 36:11 | 164 | 164 | 174 |
| 4.1 | Lena Molin | 1:05:42 | 109 | 7 | 144 |
| 5.1 | Annelie Alenius | 1:45:39 | 298 | 25 | 176 |
| 177 | IF Thor 2 | | SWE | 5:31:32 | +1:39:35 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanna Wallenborg | 1:00:31 | 300 | 39 | 300 |
| 2.1 | Johanna Rahmqvist | 1:09:06 | 174 | 11 | 234 |
| 3.1 | Sofia Wallin | 42:16 | 253 | 253 | 242 |
| 4.1 | Dorothe Spillmann | 1:13:00 | 177 | 11 | 217 |
| 5.1 | Annika Ridell | 1:26:39 | 219 | 18 | 177 |
| 178 | Köping-Kolsva OK 1 | | SWE | 5:31:45 | +1:39:48 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Karin Waldemarsson | 51:58 | 198 | 26 | 198 |
| 2.1 | Anna Birkestål | 1:18:14 | 266 | 16 | 245 |
| 3.1 | Sandra Burén | 32:59 | 92 | 92 | 196 |
| 4.1 | Linnea Hedlund | 1:19:37 | 231 | 17 | 207 |
| 5.1 | Sofie Landqvist | 1:28:57 | 235 | 19 | 178 |
| 179 | IF Hagen 2 | | SWE | 5:33:27 | +1:41:30 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jennie Nilsson | 45:54 | 107 | 18 | 107 |
| 2.1 | Anna Larsson | 1:16:00 | 249 | 16 | 180 |
| 3.1 | Maria Bogren | 35:33 | 152 | 152 | 166 |
| 4.1 | Cajsa Banck | 1:19:46 | 236 | 16 | 195 |
| 5.1 | Ellen Larsson | 1:36:14 | 272 | 18 | 179 |
| 180 | Keuruun Kisailijat 1 | | FIN | 5:33:50 | +1:41:53 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Milka Leppäsalmi | 48:49 | 140 | 17 | 140 |
| 2.1 | Sonja Mörsky | 1:04:01 | 127 | 8 | 131 |
| 3.1 | Marjut Turunen | 34:17 | 123 | 123 | 126 |
| 4.1 | Outi Valkonen | 1:13:02 | 178 | 12 | 130 |
| 5.1 | Saana Konkola | 1:53:41 | 313 | 28 | 180 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 181 | Snättringe SK 1 | | SWE | 5:34:00 | +1:42:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Tiderman | 51:10 | 183 | 30 | 183 |
| 2.1 | Sofia Persson | 1:01:02 | 90 | 5 | 128 |
| 3.1 | Gunilla Kallhauge | 32:24 | 79 | 79 | 115 |
| 4.1 | Nadja Dahlström | 1:17:08 | 210 | 13 | 135 |
| 5.1 | Therese Persson | 1:52:16 | 311 | 31 | 181 |
| 182 | Lunds OK 2 | | SWE | 5:34:05 | +1:42:08 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva-Lotta Bengtsson | 59:34 | 292 | 41 | 292 |
| 2.1 | Carin Emanuelsson | 1:12:04 | 204 | 12 | 258 |
| 3.1 | Hanna Modin | 37:31 | 196 | 196 | 225 |
| 4.1 | Ingela Andersson | 1:13:05 | 179 | 12 | 205 |
| 5.1 | Marie Grönlund | 1:31:51 | 252 | 18 | 182 |
| 183 | Ronneby OK 1 | | SWE | 5:34:18 | +1:42:21 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Margrete Aspvall | 52:51 | 205 | 27 | 205 |
| 2.1 | Sarah Lindström | 1:06:50 | 155 | 8 | 172 |
| 3.1 | Ann-Christine Nero | 37:40 | 201 | 201 | 165 |
| 4.1 | Anna Jonsson | 1:09:16 | 144 | 12 | 149 |
| 5.1 | Ingela Smedenmark | 1:47:41 | 304 | 28 | 183 |
| 184 | Södertälje-Nykvarn 2 | | SWE | 5:34:45 | +1:42:48 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kate Saffkova | 53:08 | 212 | 24 | 212 |
| 2.1 | Annika Bygdén | 1:09:41 | 179 | 16 | 186 |
| 3.1 | Sara Johansson | 37:28 | 195 | 195 | 179 |
| 4.1 | Lovisa Westbom | 1:07:18 | 126 | 7 | 161 |
| 5.1 | Anne-Marie Wigle | 1:47:10 | 301 | 26 | 184 |
| 185 | Sävedalens AIK 4 | | SWE | 5:34:54 | +1:42:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Annica Leive | 46:52 | 120 | 17 | 120 |
| 2.1 | Janni Axelsson | 1:15:15 | 240 | 13 | 185 |
| 3.1 | Madeleine Attfors | 38:57 | 221 | 221 | 181 |
| 4.1 | Isabell Håkansson | 1:17:03 | 209 | 14 | 198 |
| 5.1 | Anna Nordelöf | 1:36:47 | 273 | 23 | 185 |
| 186 | OK Pan Århus 2 | | DEN | 5:34:55 | +1:42:58 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Camilla Bevensee | 50:49 | 176 | 22 | 176 |
| 2.1 | Astrid Ank Jørgensen | 1:10:16 | 186 | 11 | 176 |
| 3.1 | Jeanette Finderup | 36:11 | 164 | 164 | 163 |
| 4.1 | Anne Louise Gadsbølle | 1:19:26 | 226 | 12 | 192 |
| 5.1 | Mette Hjerrild | 1:38:13 | 278 | 20 | 186 |

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|------------|--------------------------|------------------|---------------|----------------|-----------------|
| 187 | Spring Cup OK 1 | | DEN | 5:36:03 | +1:44:06 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Rikke K. Larsen | 51:49 | 195 | 27 | 195 |
| 2.1 | Miri Thrane Ødum | 1:15:35 | 244 | 20 | 206 |
| 3.1 | Helle H. Clausen | 42:27 | 255 | 255 | 237 |
| 4.1 | Pernille Sommer | 1:15:43 | 201 | 11 | 220 |
| 5.1 | Lærke L. Jensen | 1:30:29 | 243 | 17 | 187 |
| 188 | Navi 1 | | FIN | 5:36:12 | +1:44:15 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jenna Pajunen | 54:43 | 242 | 24 | 242 |
| 2.1 | Laura Virjula | 1:14:27 | 233 | 15 | 225 |
| 3.1 | Niina Liukkonen | 33:40 | 112 | 112 | 190 |
| 4.1 | Hannula-Katrin Pandis | 1:14:14 | 191 | 14 | 193 |
| 5.1 | Piibe Tammemäe | 1:39:08 | 281 | 24 | 188 |
| 189 | OK Klyftamo 1 | | SWE | 5:36:23 | +1:44:26 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sara Jonsson | 51:21 | 189 | 26 | 189 |
| 2.1 | Kicki Häggblom | 1:01:54 | 98 | 7 | 137 |
| 3.1 | Veronica Sjödin | 38:16 | 206 | 206 | 145 |
| 4.1 | Kristina Höök Patriksson | 1:28:50 | 278 | 17 | 202 |
| 5.1 | Malin Sörstrand | 1:36:02 | 270 | 17 | 189 |
| 190 | Stora Tuna OK 3 | | SWE | 5:40:26 | +1:48:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ulrika Eriksson | 51:40 | 193 | 26 | 193 |
| 2.1 | Anna Nordanbrå | 1:02:50 | 107 | 10 | 143 |
| 3.1 | Lina Lång | 35:05 | 140 | 140 | 137 |
| 4.1 | Susanne Lüscher | 1:35:42 | 300 | 19 | 219 |
| 5.1 | Ingrid Alexandersson | 1:35:09 | 265 | 27 | 190 |
| 191 | Istrums SK 1 | | SWE | 5:40:47 | +1:48:50 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lotta Tofte'n | 49:44 | 164 | 27 | 164 |
| 2.1 | Jane Johansson | 1:13:30 | 218 | 14 | 189 |
| 3.1 | Britt-marie Pählman | 42:59 | 260 | 260 | 216 |
| 4.1 | Fanny Brodin | 1:05:59 | 112 | 9 | 175 |
| 5.1 | Linda Hellner | 1:48:35 | 305 | 29 | 191 |
| 192 | OK Dacke 1 | | SWE | 5:40:48 | +1:48:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maja Pettersson | 49:02 | 145 | 19 | 145 |
| 2.1 | Lisa Pettersson | 1:10:25 | 191 | 9 | 171 |
| 3.1 | Maja Andersson | 34:58 | 136 | 136 | 154 |
| 4.1 | Frida Andersson | 1:33:47 | 292 | 18 | 228 |
| 5.1 | Maria Olsson | 1:32:36 | 254 | 18 | 192 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 193 | Göteborg-Majorna 3 | | SWE | 5:41:11 | +1:49:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kristin Edvardsen | 49:40 | 163 | 19 | 163 |
| 2.1 | Hanna Westerberg | 1:13:39 | 220 | 14 | 192 |
| 3.1 | Marie-Louise Axenborg | 40:07 | 234 | 234 | 204 |
| 4.1 | Maria Arvidsson | 1:12:28 | 169 | 11 | 186 |
| 5.1 | Marie Linné | 1:45:17 | 297 | 23 | 193 |
| 194 | Hagaby Golf 2 | | SWE | 5:42:15 | +1:50:18 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lovisa Falk | 58:12 | 270 | 40 | 270 |
| 2.1 | Kerstin Larsson | 1:10:21 | 188 | 13 | 220 |
| 3.1 | Amelie Wallenhammar | 34:30 | 128 | 128 | 191 |
| 4.1 | Lina Persson | 1:16:10 | 204 | 14 | 200 |
| 5.1 | Kajsa Axin | 1:43:02 | 289 | 20 | 194 |
| 195 | Ås-UMB Orientering 2 | | NOR | 5:42:53 | +1:50:56 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helene Nalum Olsen | 49:21 | 152 | 20 | 152 |
| 2.1 | Dagny Lysaker | 1:03:49 | 124 | 10 | 134 |
| 3.1 | Jenni H. Indby | 34:51 | 134 | 134 | 133 |
| 4.1 | Katrine Gunnberg Johanse | 1:15:21 | 199 | 15 | 138 |
| 5.1 | Ingunn Berget | 1:59:31 | 319 | 33 | 195 |
| 196 | Kristiansand OK 2 | | NOR | 5:43:24 | +1:51:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Silje H Kristiansen | 53:13 | 216 | 31 | 216 |
| 2.1 | Torunn Birkenes | 1:15:06 | 238 | 18 | 215 |
| 3.1 | Ida Marie Olsen | 35:15 | 143 | 143 | 205 |
| 4.1 | Una Glende Janson | 1:07:53 | 134 | 10 | 173 |
| 5.1 | Åse Reidun Kregnes | 1:51:57 | 310 | 30 | 196 |
| 197 | OK Ravinen 3 | | SWE | 5:44:54 | +1:52:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ewa Albrektsson | 56:39 | 257 | 28 | 257 |
| 2.1 | Malin Lindskog | 1:10:41 | 194 | 12 | 204 |
| 3.1 | Ida Kallur | 36:04 | 160 | 160 | 201 |
| 4.1 | Camilla Engel | 1:07:09 | 120 | 11 | 172 |
| 5.1 | Helen Klasson | 1:54:21 | 315 | 24 | 197 |
| 198 | OK Kolmården 3 | | SWE | 5:44:58 | +1:53:01 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Annica Berggren | 53:49 | 225 | 29 | 225 |
| 2.1 | Agneta Eriksson | 1:16:18 | 253 | 16 | 244 |
| 3.1 | Sofia Westerberg | 38:18 | 208 | 208 | 221 |
| 4.1 | Anna Brunell | 1:05:13 | 100 | 6 | 180 |
| 5.1 | Veronica Lundh | 1:51:20 | 309 | 25 | 198 |

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|------------|---------------------------|------------------|---------------|----------------|-----------------|
| 199 | Strängnäs-Malmby 1 | | SWE | 5:45:26 | +1:53:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Folkegård | 48:29 | 133 | 19 | 133 |
| 2.1 | Christina Sundström | 1:04:54 | 142 | 11 | 139 |
| 3.1 | Carina Sundbue | 51:22 | 306 | 306 | 212 |
| 4.1 | Susanne Söderholm | 1:23:19 | 259 | 15 | 227 |
| 5.1 | Linda Lövhämmer | 1:37:22 | 274 | 23 | 199 |
| 200 | Västvärmlands OK 1 | | SWE | 5:45:35 | +1:53:38 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Julie Lande | 55:01 | 245 | 34 | 245 |
| 2.1 | Kristin Johansson | 1:03:52 | 125 | 7 | 162 |
| 3.1 | Elin Eriksson | 35:26 | 149 | 149 | 153 |
| 4.1 | Kristina Löfvenholm | 1:18:37 | 219 | 16 | 177 |
| 5.1 | Maria Eriksson | 1:52:39 | 312 | 30 | 200 |
| 201 | Kuzmolovo 110 1 | | SWE | 5:45:42 | +1:53:45 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Olesya Mospan | 53:19 | 217 | 29 | 217 |
| 2.1 | Nadya Antipova | 1:13:56 | 224 | 15 | 201 |
| 3.1 | Alla Suyatkina | 42:15 | 252 | 252 | 233 |
| 4.1 | Valentina Petson | 1:12:48 | 175 | 10 | 206 |
| 5.1 | Valentina Grishina | 1:43:24 | 290 | 22 | 201 |
| 202 | Tullinge SK 6 | | SWE | 5:46:50 | +1:54:53 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna-Karin Sundqvist | 49:27 | 154 | 24 | 154 |
| 2.1 | Johanna Einarsson | 1:23:30 | 298 | 19 | 264 |
| 3.1 | Malin Dahlström | 36:18 | 170 | 170 | 227 |
| 4.1 | Lena Sundqvist | 1:12:54 | 176 | 10 | 204 |
| 5.1 | Åsa Johansson | 1:44:41 | 295 | 22 | 202 |
| 203 | NTNUI 5 | | NOR | 5:46:55 | +1:54:58 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Synnøve Lofthus | 53:50 | 226 | 33 | 226 |
| 2.1 | Hanne Vefsnmo | 1:15:51 | 248 | 15 | 236 |
| 3.1 | Henriette Ruud | 38:48 | 219 | 219 | 223 |
| 4.1 | Hedvig Andersen | 1:17:42 | 214 | 15 | 223 |
| 5.1 | Hege Holth Johannesen | 1:40:44 | 284 | 25 | 203 |
| 204 | Indre Östfold OK 1 | | NOR | 5:47:49 | +1:55:52 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anne Haugerud | 49:12 | 148 | 22 | 148 |
| 2.1 | Guro Kolstad | 1:19:09 | 272 | 16 | 216 |
| 3.1 | Marie Bolstad | 35:04 | 138 | 138 | 203 |
| 4.1 | Trude Sletten | 1:21:24 | 248 | 15 | 216 |
| 5.1 | Åse Brødholt | 1:43:00 | 288 | 26 | 204 |

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|------------|------------------------------------|------------------|---------------|----------------|-----------------|
| 205 | OK Södertörn 2 | | SWE | 5:47:52 | +1:55:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elin Nygren-Wählin | 1:00:58 | 304 | 37 | 304 |
| 2.1 | Åsa Sundberg | 1:12:00 | 203 | 12 | 265 |
| 3.1 | Anita Karlsson | 36:18 | 170 | 170 | 228 |
| 4.1 | Anna Backlund | 1:14:34 | 193 | 13 | 212 |
| 5.1 | Louise Klingstedt | 1:44:02 | 294 | 24 | 205 |
| 206 | OK Ravinen 2 | | SWE | 5:47:53 | +1:55:56 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anette Önerud | 53:48 | 224 | 28 | 224 |
| 2.1 | Jenny Tiren | 1:05:06 | 145 | 11 | 163 |
| 3.1 | Maria Lybert | 35:22 | 146 | 146 | 151 |
| 4.1 | Marlene Habenicht | 1:12:38 | 173 | 12 | 153 |
| 5.1 | Sarah-Jane Gaffney | 2:00:59 | 321 | 26 | 206 |
| 207 | Skattkärrs IF 1 | | SWE | 5:48:20 | +1:56:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Johansson | 58:16 | 273 | 33 | 273 |
| 2.1 | Anna-Karin Mattsson | 1:09:33 | 178 | 15 | 211 |
| 3.1 | Lina Johansson | 41:28 | 243 | 243 | 229 |
| 4.1 | Erika Eriksson | 1:10:16 | 152 | 12 | 201 |
| 5.1 | Ida Hyvönen | 1:48:47 | 306 | 25 | 207 |
| 208 | Fjärås AIK 1 | | SWE | 5:48:36 | +1:56:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Karin Elofsson | 58:13 | 271 | 32 | 271 |
| 2.1 | Kristin Schyberg | 1:09:31 | 177 | 14 | 210 |
| 3.1 | Elin Johansson | 41:28 | 243 | 243 | 226 |
| 4.1 | Susanne Johansson | 1:18:49 | 222 | 14 | 226 |
| 5.1 | Maria Halvarsson | 1:40:35 | 283 | 23 | 208 |
| 209 | Løten/Gjøvard/Lillehammer 1 | | NOR | 5:50:41 | +1:58:44 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marthe Ruttenborg | 1:01:56 | 311 | 38 | 311 |
| 2.1 | Belinda Jørandli | 1:07:20 | 162 | 8 | 226 |
| 3.1 | Live Ruud Johansen | 38:42 | 216 | 216 | 219 |
| 4.1 | Unni Øygaard | 1:20:02 | 238 | 19 | 225 |
| 5.1 | Marte Fallbakken Berge | 1:42:41 | 287 | 21 | 209 |
| 210 | OK Skogshjortarna 1 | | SWE | 5:57:52 | +2:05:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jenny Larsson | 56:58 | 261 | 30 | 261 |
| 2.1 | Christine Litzell | 1:14:08 | 227 | 14 | 252 |
| 3.1 | Lisa Pedersen | 30:45 | 40 | 40 | 184 |
| 4.1 | Hanna Johansson | 1:21:55 | 250 | 18 | 210 |
| 5.1 | Therése Ivarsson | 1:54:06 | 314 | 23 | 210 |

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|------------|---------------------------------|------------------|---------------|----------------|-----------------|
| 211 | Aalborg OK 1 | | DEN | 5:59:05 | +2:07:08 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Linnea Samsø Udholm | 50:31 | 175 | 25 | 175 |
| 2.1 | Helle Bobach | 1:14:29 | 234 | 15 | 197 |
| 3.1 | Sofie Winther | 44:17 | 273 | 273 | 229 |
| 4.1 | Nanna Filskov Theilgaard | 1:20:03 | 239 | 15 | 230 |
| 5.1 | Anna Bobach | 1:49:45 | 307 | 29 | 211 |
| 212 | Rehns BK 1 | | SWE | 5:59:10 | +2:07:13 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Winblad | 53:05 | 211 | 23 | 211 |
| 2.1 | Kristin Olovsson | 1:19:37 | 277 | 17 | 262 |
| 3.1 | Pernilla Blom | 37:07 | 189 | 189 | 236 |
| 4.1 | Andrea Persson | 1:13:57 | 188 | 13 | 210 |
| 5.1 | Marie Fröjd | 1:55:24 | 316 | 27 | 212 |
| 213 | Sundsvalls OK 2 | | SWE | 6:05:06 | +2:13:09 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Therese Sahlin | 47:31 | 128 | 21 | 128 |
| 2.1 | Sara Timner | 1:10:55 | 196 | 11 | 160 |
| 3.1 | AnnaLena Lindström | 36:09 | 161 | 161 | 156 |
| 4.1 | Sara Viklund | 1:14:00 | 190 | 12 | 163 |
| 5.1 | Johanna Morelius | 2:16:31 | 328 | 25 | 213 |
| 214 | Tullinge SK 5 | | SWE | 6:05:14 | +2:13:17 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Barbro Lönnkvist | 48:37 | 135 | 16 | 135 |
| 2.1 | Kerstin Imark | 1:04:37 | 137 | 9 | 136 |
| 3.1 | Malin Sundqvist | 37:12 | 192 | 192 | 142 |
| 4.1 | Beatrice Köhler | 1:25:18 | 265 | 18 | 185 |
| 5.1 | Sara Grenmark | 2:09:30 | 325 | 29 | 214 |
| 215 | Helsingin Suunnistajat 2 | | FIN | 6:05:30 | +2:13:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Ruhanen | 51:15 | 187 | 24 | 187 |
| 2.1 | Milla Mattila | 1:07:40 | 165 | 9 | 164 |
| 3.1 | Katja Lahtinen | 42:20 | 254 | 254 | 182 |
| 4.1 | Kristiina Lampinen | 1:22:43 | 256 | 15 | 213 |
| 5.1 | Ramona Åkermarck | 2:01:32 | 322 | 25 | 215 |
| 216 | Jönköpings OK 2 | | SWE | 6:07:48 | +2:15:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Ahlmén | 1:03:46 | 314 | 40 | 314 |
| 2.1 | Lena Högrell | 1:12:19 | 208 | 14 | 275 |
| 3.1 | Sofia Carlsson | 40:14 | 235 | 235 | 257 |
| 4.1 | Therese Carlsson | 1:09:44 | 147 | 9 | 222 |
| 5.1 | Anna Johansson | 2:01:45 | 323 | 26 | 216 |

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|------------|---------------------------|------------------|---------------|----------------|-----------------|
| 217 | Pan-Kristianstad 2 | | SWE | 6:07:52 | +2:15:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Iva Rufferova | 43:49 | 64 | 6 | 64 |
| 2.1 | Johanna Karlsson | 1:20:02 | 282 | 18 | 195 |
| 3.1 | Anna Lööf | 36:09 | 161 | 161 | 175 |
| 4.1 | Ebba Thuresson | 1:25:09 | 263 | 16 | 218 |
| 5.1 | Ida Thuresson | 2:02:43 | 324 | 29 | 217 |
| 218 | Kungälv OK 1 | | SWE | 6:08:14 | +2:16:17 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Berlin | 55:49 | 255 | 29 | 255 |
| 2.1 | Anna Asplund | 1:12:41 | 215 | 18 | 219 |
| 3.1 | Ida Wenklo | 35:32 | 151 | 151 | 210 |
| 4.1 | Ann-Sofie Hermansson | 1:24:16 | 261 | 16 | 229 |
| 5.1 | Cecilia Groth | 1:59:56 | 320 | 28 | 218 |
| 219 | Frol IL 2 | | NOR | 6:14:57 | +2:23:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ane Kjerstine Sandstad | 1:01:31 | 310 | 37 | 310 |
| 2.1 | Sara Maria Profors | 1:06:19 | 152 | 11 | 212 |
| 3.1 | Åsta Wibe | 39:14 | 227 | 227 | 218 |
| 4.1 | Rannveig Jørgensen | 1:13:46 | 186 | 12 | 203 |
| 5.1 | Oda Indgaard | 2:14:07 | 327 | 26 | 219 |
| 220 | OK Enen 1 | | SWE | 6:18:32 | +2:26:35 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Julia Andersson | 1:00:54 | 303 | 38 | 303 |
| 2.1 | Sofia Forngren | 1:10:30 | 192 | 13 | 256 |
| 3.1 | Anna Thorsell | 40:55 | 240 | 240 | 246 |
| 4.1 | Helena Ackelman | 1:15:11 | 197 | 12 | 224 |
| 5.1 | Cecilia Eriksson | 2:11:02 | 326 | 24 | 220 |
| 221 | Oppsal IF 1 | | NOR | 6:31:15 | +2:39:18 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Karoline Anishdahl | 53:39 | 219 | 30 | 219 |
| 2.1 | Una Bratli | 1:19:06 | 271 | 18 | 263 |
| 3.1 | Henrikke Emilsson | 43:41 | 266 | 266 | 258 |
| 4.1 | Astrid Hult | 1:07:52 | 131 | 8 | 214 |
| 5.1 | Anette Wigaard | 2:26:57 | 330 | 28 | 221 |
| 222 | Konnerud I.L. 2 | | NOR | 6:31:28 | +2:39:31 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maren Mohagen Hansen | 1:00:28 | 299 | 34 | 299 |
| 2.1 | Marie Nordbye Nybø | 1:10:10 | 183 | 11 | 249 |
| 3.1 | Therese Åsheim | 39:47 | 231 | 231 | 238 |
| 4.1 | Isa Heggedal | 1:15:33 | 200 | 13 | 221 |
| 5.1 | Synnøve Nybø | 2:25:30 | 329 | 27 | 222 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 223 | OK Skogsstjärnan 1 | | SWE | 5:01:17 | +1:09:20 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Moa Johanson | 50:08 | 172 | 15 | 172 |
| 2.1 | Britt-Marie Johanson | 1:11:49 | 201 | 13 | 182 |
| 3.1 | Sara Karlsson | 50:23 | 303 | 303 | 247 |
| 4.1 | Karin Ek | 1:19:24 | 225 | 14 | 235 |
| 5.1 | Caroline Lennartsson | 49:33 | 12 | 3 | 223 |
| 224 | IK Hakarpspojarna 3 | | SWE | 5:01:20 | +1:09:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elin Tuden | 54:30 | 239 | 23 | 239 |
| 2.1 | Malin Svensson | 1:21:22 | 290 | 17 | 273 |
| 3.1 | Jessica Ekberg | 35:46 | 155 | 155 | 241 |
| 4.1 | Linda Sjögren | 1:19:39 | 233 | 18 | 233 |
| 5.1 | Hanna Axelsson | 50:03 | 15 | 4 | 224 |
| 225 | Valkeakosken Haka 1 | | FIN | 5:01:44 | +1:09:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Minna-Mari Olli | 59:21 | 288 | 34 | 288 |
| 2.1 | Päivi Mikkolainen | 1:18:44 | 269 | 18 | 279 |
| 3.1 | Sanni Salonen | 39:21 | 230 | 230 | 263 |
| 4.1 | Emmi Virtanen | 1:18:34 | 218 | 13 | 239 |
| 5.1 | Essi Partanen | 45:44 | 5 | 1 | 225 |
| 226 | FK Friskus-Varberg 1 | | SWE | 5:02:21 | +1:10:24 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Arnell | 53:26 | 218 | 21 | 218 |
| 2.1 | Johanna Börjesson | 1:24:56 | 303 | 18 | 283 |
| 3.1 | Åsa Josarp | 39:08 | 225 | 225 | 264 |
| 4.1 | Carina Andersson | 1:21:14 | 246 | 17 | 246 |
| 5.1 | Helena Andersson | 43:37 | 1 | 1 | 226 |
| 227 | Nässjö OK 1 | | SWE | 5:02:43 | +1:10:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helena Lindman | 58:37 | 284 | 39 | 284 |
| 2.1 | Erika Hugosson | 1:17:20 | 262 | 16 | 274 |
| 3.1 | Helena Karlsson | 41:56 | 248 | 248 | 267 |
| 4.1 | Moa Svensson | 1:19:34 | 229 | 15 | 244 |
| 5.1 | Elin Svensson | 45:16 | 2 | 1 | 227 |
| 228 | NTNUI 6 | | NOR | 5:03:10 | +1:11:13 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Nora Kjølraug | 58:14 | 272 | 32 | 272 |
| 2.1 | Ingrid Skantze | 1:15:28 | 243 | 17 | 268 |
| 3.1 | Hanne Wigemyr | 35:39 | 154 | 154 | 231 |
| 4.1 | Ida Katrine Thoresen | 1:21:06 | 245 | 16 | 232 |
| 5.1 | Tonje Hermansen | 52:43 | 27 | 3 | 228 |

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|------------|-------------------------------|------------------|---------------|----------------|-----------------|
| 229 | OK Tyr 3 | | SWE | 5:04:22 | +1:12:25 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Martinsson | 53:42 | 221 | 32 | 221 |
| 2.1 | Josefin Bengtsson | 1:15:47 | 246 | 14 | 232 |
| 3.1 | Jessica Levin | 38:58 | 222 | 222 | 222 |
| 4.1 | Elin Sandahl | 1:25:55 | 266 | 17 | 238 |
| 5.1 | My Martinsson | 50:00 | 14 | 3 | 229 |
| 230 | Nydalen/Moss/Häme | | NOR | 5:04:25 | +1:12:28 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Siri Selvig | 51:13 | 186 | 17 | 186 |
| 2.1 | Christine Turtur Sandvold | 1:17:00 | 256 | 15 | 213 |
| 3.1 | Nora Wooward | 51:54 | 310 | 310 | 270 |
| 4.1 | Mari Penttila | 1:18:44 | 220 | 15 | 248 |
| 5.1 | Dana Bednarova | 45:34 | 4 | 1 | 230 |
| 231 | Skogslöparna 1 | | SWE | 5:05:00 | +1:13:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helena Forsberg | 45:53 | 106 | 14 | 106 |
| 2.1 | Linnea Pauler | 1:32:23 | 317 | 20 | 282 |
| 3.1 | Elin Sandström | 44:01 | 270 | 270 | 275 |
| 4.1 | Susanne Näsström | 1:14:25 | 192 | 14 | 242 |
| 5.1 | Lisa Wester | 48:18 | 9 | 1 | 231 |
| 232 | Tumba-Mälarhöjden OK 2 | | SWE | 5:06:41 | +1:14:44 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Hanna Käll | 49:50 | 168 | 23 | 168 |
| 2.1 | Zuzana Prochazkova | 1:06:53 | 156 | 15 | 155 |
| 3.1 | Jenny Asztalos | 42:52 | 259 | 259 | 173 |
| 4.1 | Emma Englid | 1:36:36 | 301 | 18 | 240 |
| 5.1 | Jenny Warg | 50:30 | 20 | 4 | 232 |
| 233 | Tibro OK 1 | | SWE | 5:06:50 | +1:14:53 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | ELIN OLSSON | 59:05 | 287 | 35 | 287 |
| 2.1 | EMILIA HENRYSSON | 1:10:16 | 186 | 12 | 230 |
| 3.1 | SOFIA ANDREN | 47:45 | 288 | 288 | 261 |
| 4.1 | ANNA OLSSON | 1:22:51 | 258 | 16 | 250 |
| 5.1 | ANNIKA WESTH | 46:53 | 7 | 2 | 233 |
| 234 | Skogspojkarnas OK 1 | | SWE | 5:07:25 | +1:15:28 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Karolina Nygren | 58:23 | 279 | 32 | 279 |
| 2.1 | Lisa Kalered | 1:10:04 | 181 | 12 | 218 |
| 3.1 | Lena Fornander | 51:47 | 309 | 309 | 271 |
| 4.1 | Anita Seger-Wehlin | 1:11:43 | 163 | 13 | 237 |
| 5.1 | Carina Kalered | 55:28 | 40 | 8 | 234 |

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| 235 | OK Roxen 1 | | SWE | 5:08:04 | +1:16:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Karin Lundström | 50:07 | 171 | 28 | 171 |
| 2.1 | Sofia Svedevall | 1:19:53 | 281 | 17 | 243 |
| 3.1 | Helena Holm | 43:31 | 265 | 265 | 251 |
| 4.1 | Linda Nyström | 1:22:47 | 257 | 14 | 241 |
| 5.1 | Linda Bernhard | 51:46 | 22 | 6 | 235 |
| 236 | Västerås SOK 4 | | SWE | 5:09:04 | +1:17:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Linda Sundin | 57:03 | 264 | 31 | 264 |
| 2.1 | Åsa Holmgren | 1:12:48 | 216 | 13 | 239 |
| 3.1 | Eva Wadman | 45:04 | 277 | 277 | 253 |
| 4.1 | Elisabeth Westman | 1:16:40 | 207 | 13 | 234 |
| 5.1 | Eva Ode | 57:29 | 49 | 7 | 236 |
| 237 | Katrineholms OK 1 | | SWE | 5:09:33 | +1:17:36 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jenny Skoog | 48:55 | 141 | 21 | 141 |
| 2.1 | Anna Magnell | 1:18:20 | 267 | 17 | 201 |
| 3.1 | Karin Karlsson | 45:51 | 280 | 280 | 249 |
| 4.1 | Anna Löwegren | 1:23:46 | 260 | 19 | 243 |
| 5.1 | Camilla Moris | 52:41 | 26 | 1 | 237 |
| 238 | Linköpings OK 4 | | SWE | 5:10:29 | +1:18:32 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Schmitterlöv | 55:32 | 252 | 33 | 252 |
| 2.1 | Stina Sterner | 1:14:19 | 228 | 14 | 239 |
| 3.1 | Frida Karlsson | 43:47 | 268 | 268 | 252 |
| 4.1 | Anna Niklasson | 1:26:39 | 270 | 17 | 251 |
| 5.1 | Terese Wängdahl | 50:12 | 18 | 3 | 238 |
| 239 | Sippurasti 1 | | FIN | 5:13:10 | +1:21:13 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Carita Espo | 58:57 | 286 | 34 | 286 |
| 2.1 | Eveliina Hasu | 1:12:35 | 213 | 13 | 257 |
| 3.1 | Maria Espo | 41:05 | 242 | 242 | 248 |
| 4.1 | Leena Tani | 1:30:29 | 283 | 17 | 255 |
| 5.1 | Säde Suutari | 50:04 | 16 | 2 | 239 |
| 240 | Vallentuna-Össeby 1 | | SWE | 5:13:15 | +1:21:18 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Annika Carlberg | 49:29 | 156 | 22 | 156 |
| 2.1 | Maria Forsum | 1:14:21 | 230 | 19 | 194 |
| 3.1 | Elin Gustavsson | 39:14 | 227 | 227 | 193 |
| 4.1 | Berit Ekman | 1:39:06 | 308 | 19 | 253 |
| 5.1 | Maje Carlberg | 51:05 | 21 | 5 | 240 |

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|------------|-----------------------|------------------|---------------|----------------|-----------------|
| 241 | OK Hammaren 1 | | SWE | 5:14:14 | +1:22:17 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofia Hägglund | 58:30 | 282 | 33 | 282 |
| 2.1 | Laila Ingelsson | 1:10:13 | 184 | 12 | 222 |
| 3.1 | Anna Lundgren | 35:03 | 137 | 137 | 207 |
| 4.1 | Karin Johansson | 1:41:00 | 310 | 22 | 259 |
| 5.1 | Joline Ingelsson | 49:28 | 11 | 2 | 241 |
| 242 | OK Landehof 2 | | SWE | 5:17:57 | +1:26:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Daniela Richardsson | 56:51 | 260 | 39 | 260 |
| 2.1 | Anna Eriksson | 1:14:57 | 236 | 16 | 260 |
| 3.1 | Louise Perleroth | 44:17 | 273 | 273 | 255 |
| 4.1 | Hanna Wadsten | 1:28:37 | 276 | 17 | 258 |
| 5.1 | Sara Lorén | 53:15 | 31 | 7 | 242 |
| 243 | OK Kolmården 2 | | SWE | 5:19:30 | +1:27:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lina Persson | 53:10 | 213 | 28 | 213 |
| 2.1 | Anna Håkansson | 1:08:44 | 170 | 15 | 180 |
| 3.1 | Linnea Netz | 48:49 | 294 | 294 | 240 |
| 4.1 | Isabella Netz | 1:35:13 | 298 | 19 | 263 |
| 5.1 | Sara Forsberg | 53:34 | 34 | 5 | 243 |
| 244 | OK Linné 4 | | SWE | 5:20:05 | +1:28:08 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Åsa Nordlander | 55:19 | 249 | 27 | 249 |
| 2.1 | Maria Hart | 1:20:46 | 285 | 20 | 275 |
| 3.1 | Terese Ohlsson | 51:17 | 305 | 305 | 283 |
| 4.1 | Frida Petersson | 1:17:28 | 211 | 14 | 262 |
| 5.1 | Anna Linde | 55:15 | 37 | 7 | 244 |
| 245 | Frölunda OL 1 | | SWE | 5:21:00 | +1:29:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Lamnn | 1:00:18 | 294 | 35 | 294 |
| 2.1 | Lena Max | 1:15:21 | 242 | 14 | 272 |
| 3.1 | Emma Almehed | 40:28 | 236 | 236 | 256 |
| 4.1 | Anna Kalméus | 1:15:43 | 201 | 13 | 236 |
| 5.1 | Anna Max | 1:09:10 | 96 | 7 | 245 |
| 246 | Umeå OK 2 | | SWE | 5:21:03 | +1:29:06 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofia Nilsson | 1:06:00 | 323 | 42 | 323 |
| 2.1 | Johanna Selling | 1:21:03 | 288 | 18 | 300 |
| 3.1 | Stina Nilsson | 35:19 | 144 | 144 | 276 |
| 4.1 | AnnaKarin Nilsson | 1:22:26 | 254 | 17 | 260 |
| 5.1 | Anna-Karin Jonasson | 56:15 | 44 | 5 | 246 |

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|------------|--------------------------|------------------|---------------|----------------|-----------------|
| 247 | Kongsberg O-lag 2 | | NOR | 5:21:04 | +1:29:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anne Line Teigen Søgård | 56:59 | 262 | 36 | 262 |
| 2.1 | Maiken Flågan | 1:11:26 | 199 | 11 | 217 |
| 3.1 | Tine Fjogstad | 34:38 | 130 | 130 | 191 |
| 4.1 | Katarina Rogstad | 1:41:38 | 313 | 21 | 257 |
| 5.1 | Solveig Loken | 56:23 | 45 | 6 | 247 |
| 248 | Modum 1 | | NOR | 5:21:30 | +1:29:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sirpa Lilja | 53:51 | 227 | 27 | 227 |
| 2.1 | Ida Hope | 1:17:11 | 260 | 16 | 251 |
| 3.1 | Kine Hansen | 38:37 | 213 | 213 | 235 |
| 4.1 | Lill Kristin Enger | 1:35:10 | 297 | 18 | 261 |
| 5.1 | Tine Hansen | 56:41 | 47 | 6 | 248 |
| 249 | IF Sturla 1 | | NOR | 5:21:31 | +1:29:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Synne Svendsen | 56:41 | 258 | 30 | 258 |
| 2.1 | Aud Ellen Brevik | 1:11:58 | 202 | 14 | 221 |
| 3.1 | Oda Svendsen | 41:59 | 250 | 250 | 239 |
| 4.1 | Kari Jussi Lønning | 1:19:42 | 234 | 16 | 231 |
| 5.1 | Kristin Sørensen | 1:11:11 | 112 | 9 | 249 |
| 250 | Eiker ol 1 | | NOR | 5:21:48 | +1:29:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Nina Jeanette Tollehaug | 52:58 | 209 | 30 | 209 |
| 2.1 | Kristina Berglia | 1:16:20 | 254 | 15 | 228 |
| 3.1 | May Rognlien | 51:24 | 307 | 307 | 272 |
| 4.1 | Lise Smedberg | 1:34:41 | 295 | 18 | 275 |
| 5.1 | Lone Brochmann | 46:25 | 6 | 2 | 250 |
| 251 | Eksjö SOK 2 | | SWE | 5:22:29 | +1:30:32 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ance Rusoda | 52:28 | 199 | 32 | 199 |
| 2.1 | Sara Bergander | 1:19:11 | 273 | 17 | 259 |
| 3.1 | Cecilia Bergander | 43:23 | 264 | 264 | 254 |
| 4.1 | Angelica Jörnling | 1:38:09 | 307 | 19 | 268 |
| 5.1 | Madara Sreinane | 49:18 | 10 | 2 | 251 |
| 252 | Växjö OK 2 | | SWE | 5:23:04 | +1:31:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Cissi Hedstig | 1:00:21 | 296 | 36 | 296 |
| 2.1 | Linnea Östergren | 1:23:47 | 300 | 22 | 293 |
| 3.1 | Kristina Viberg | 47:15 | 285 | 285 | 286 |
| 4.1 | Emma Faxen | 1:19:16 | 224 | 12 | 267 |
| 5.1 | Elin Wallqvist | 52:25 | 25 | 3 | 252 |

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|------------|---------------------------|------------------|---------------|----------------|-----------------|
| 253 | OK Nackhe 1 | | SWE | 5:23:36 | +1:31:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elida Ottmer | 53:12 | 215 | 25 | 215 |
| 2.1 | Ellen Johnsson | 1:32:22 | 316 | 22 | 296 |
| 3.1 | Emma Jakobsson | 49:43 | 298 | 298 | 289 |
| 4.1 | Sara Skyggesson | 1:18:10 | 216 | 14 | 270 |
| 5.1 | Linnéa Johnsson | 50:09 | 17 | 1 | 253 |
| 254 | Centrum OK 2 | | SWE | 5:25:20 | +1:33:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Crilla Magnusson | 55:27 | 251 | 32 | 251 |
| 2.1 | Stina Zelano | 1:20:02 | 282 | 20 | 270 |
| 3.1 | Karin Henriksson | 44:06 | 271 | 271 | 269 |
| 4.1 | Johanna Dahlin | 1:30:21 | 282 | 20 | 265 |
| 5.1 | Karin Fägerlind | 55:24 | 38 | 5 | 254 |
| 255 | Attunda OK 2 | | SWE | 5:25:47 | +1:33:50 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Erica Karlsson-Blyth | 1:00:51 | 301 | 35 | 301 |
| 2.1 | Marianne Meckbach | 1:12:39 | 214 | 14 | 266 |
| 3.1 | Ramona H-Järnving | 38:43 | 217 | 217 | 244 |
| 4.1 | Linnea Daniels | 1:30:42 | 285 | 18 | 254 |
| 5.1 | Rebecka H-Järnving | 1:02:52 | 63 | 11 | 255 |
| 256 | Motala AIF-OL 1 | | SWE | 5:25:54 | +1:33:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofia Fransson | 1:11:27 | 332 | 41 | 332 |
| 2.1 | Maria Bergstrand | 1:14:49 | 235 | 12 | 299 |
| 3.1 | Carina Berger Svensson | 40:51 | 239 | 239 | 281 |
| 4.1 | Anna Korall | 1:20:44 | 242 | 13 | 264 |
| 5.1 | Åsa Axén | 58:03 | 54 | 10 | 256 |
| 257 | Lillomarka O-lag 3 | | NOR | 5:28:02 | +1:36:05 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Rosenberg | 58:20 | 275 | 32 | 275 |
| 2.1 | Siri Kollerud | 1:12:10 | 206 | 15 | 247 |
| 3.1 | Anne Mojan | 46:07 | 281 | 281 | 259 |
| 4.1 | Hege Wang | 1:22:11 | 251 | 18 | 247 |
| 5.1 | Camilla Horten | 1:09:14 | 97 | 8 | 257 |
| 258 | SOL Tranås 1 | | SWE | 5:28:24 | +1:36:27 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elisabet Larsson | 48:44 | 138 | 19 | 138 |
| 2.1 | Emma Larsson | 1:29:31 | 310 | 20 | 281 |
| 3.1 | Josefine Larsson | 39:15 | 229 | 229 | 264 |
| 4.1 | Julia Axelsson | 1:22:11 | 251 | 15 | 249 |
| 5.1 | Jenny Larsson | 1:08:43 | 91 | 9 | 258 |

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|------------|----------------------------|------------------|---------------|----------------|-----------------|
| 259 | Markbygdens OK 1 | | SWE | 5:29:31 | +1:37:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anne Hansson | 54:50 | 243 | 33 | 243 |
| 2.1 | Pernilla Karlsson | 1:32:36 | 319 | 19 | 302 |
| 3.1 | Lena Karlsson | 34:40 | 133 | 133 | 274 |
| 4.1 | Elin Högstrand | 1:28:29 | 275 | 18 | 266 |
| 5.1 | Josefin Andersson | 58:56 | 55 | 9 | 259 |
| 260 | Skåneslättnens OL 2 | | SWE | 5:31:11 | +1:39:14 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Therese Hansen | 58:22 | 278 | 33 | 278 |
| 2.1 | Marika Husby | 1:21:41 | 291 | 19 | 286 |
| 3.1 | Frida Nilsson | 42:42 | 258 | 258 | 277 |
| 4.1 | Christina Segerslätt | 1:35:19 | 299 | 20 | 278 |
| 5.1 | Ronja Arvidsson | 53:07 | 30 | 4 | 260 |
| 261 | Väsby OK 1 | | SWE | 5:31:22 | +1:39:25 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Cole | 54:02 | 230 | 26 | 230 |
| 2.1 | Annelie Rundlöf | 1:24:09 | 301 | 19 | 280 |
| 3.1 | Ulrika Schneitz | 46:44 | 282 | 282 | 279 |
| 4.1 | Pia Boudrie | 1:34:05 | 293 | 19 | 280 |
| 5.1 | Maria Hellström | 52:22 | 24 | 2 | 261 |
| 262 | Visborgs OK 1 | | SWE | 5:32:54 | +1:40:57 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Jennie Pettersson | 49:07 | 146 | 19 | 146 |
| 2.1 | Emma Lindgren | 1:30:35 | 315 | 20 | 285 |
| 3.1 | Anita Carlsson | 57:09 | 324 | 324 | 294 |
| 4.1 | Mikaela Rönnbäck | 1:30:35 | 284 | 19 | 288 |
| 5.1 | Anna Samelius | 45:28 | 3 | 1 | 262 |
| 263 | OK Måsen 1 | | SWE | 5:33:06 | +1:41:09 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Therese Huhta | 58:31 | 283 | 42 | 283 |
| 2.1 | Sofie Bergendahl | 1:10:52 | 195 | 14 | 231 |
| 3.1 | Beatrice Huhta | 43:46 | 267 | 267 | 250 |
| 4.1 | Gunilla Gedin | 1:49:41 | 324 | 21 | 283 |
| 5.1 | Maria Eriksson | 50:16 | 19 | 4 | 263 |
| 264 | Dalaportens OL 2 | | SWE | 5:33:16 | +1:41:19 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Annika Hofling | 55:34 | 253 | 38 | 253 |
| 2.1 | Lina Lindberg | 1:13:55 | 223 | 13 | 232 |
| 3.1 | Linda Mattsson | 39:01 | 224 | 224 | 224 |
| 4.1 | Jessica Dickfors | 1:49:20 | 323 | 20 | 277 |
| 5.1 | | 55:26 | 39 | 8 | 264 |

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|------------|---------------------------------|------------------|---------------|----------------|-----------------|
| 265 | Kvarnsvedens GOLF OK 1 | | SWE | 5:35:39 | +1:43:42 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Siv Dahlström | 58:21 | 276 | 34 | 276 |
| 2.1 | Linnea Ekskog | 1:20:37 | 284 | 18 | 284 |
| 3.1 | Therese Fors | 37:55 | 204 | 204 | 260 |
| 4.1 | Ingrid Stigsmark | 1:46:25 | 318 | 19 | 285 |
| 5.1 | Karin Malmberg | 52:21 | 23 | 3 | 265 |
| 266 | Järla Orientering 3 | | SWE | 5:35:51 | +1:43:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Gunilla Kreiss | 1:01:11 | 307 | 38 | 307 |
| 2.1 | Johanna Sundström | 1:14:23 | 232 | 15 | 271 |
| 3.1 | Kerstin Sandström | 41:34 | 245 | 245 | 262 |
| 4.1 | Annika Sundvall | 1:41:03 | 311 | 19 | 279 |
| 5.1 | Lena Jansson | 57:40 | 52 | 5 | 266 |
| 267 | FK Göingarna 2 | | SWE | 5:36:04 | +1:44:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kerstin Persson | 1:00:20 | 295 | 42 | 295 |
| 2.1 | Elin Olsson | 1:27:08 | 306 | 21 | 303 |
| 3.1 | Wiveka Ernstsson | 51:42 | 308 | 308 | 295 |
| 4.1 | Camilla Selin | 1:17:36 | 213 | 14 | 276 |
| 5.1 | Lina Wibron | 59:18 | 58 | 5 | 267 |
| 268 | Rastikarhut/Kankaanpää 2 | | FIN | 5:36:19 | +1:44:22 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanna Ylikylä | 56:50 | 259 | 29 | 259 |
| 2.1 | Anna Alppi | 1:17:00 | 256 | 17 | 269 |
| 3.1 | Pauliina Perkola | 48:10 | 289 | 289 | 273 |
| 4.1 | Johanna Saari | 1:19:51 | 237 | 15 | 252 |
| 5.1 | Tuija Kuusela | 1:14:28 | 130 | 14 | 268 |
| 269 | Nyköpings OK 2 | | SWE | 5:36:44 | +1:44:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kajsa Nilsson | 55:39 | 254 | 34 | 254 |
| 2.1 | Julia Bergström | 1:28:38 | 309 | 17 | 294 |
| 3.1 | Sofia Sundström | 45:36 | 279 | 279 | 285 |
| 4.1 | Marit Engelstal | 1:25:11 | 264 | 16 | 273 |
| 5.1 | Jessica Karlsson | 1:01:40 | 60 | 10 | 269 |
| 270 | Sjövalla FK 1 | | SWE | 5:37:37 | +1:45:40 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Klara Åsberg-Ottosson | 1:08:52 | 326 | 41 | 326 |
| 2.1 | Frida Björklund | 1:22:56 | 297 | 18 | 310 |
| 3.1 | Tina Holthoff | 55:46 | 322 | 322 | 309 |
| 4.1 | Kristina Hagfalk | 1:06:06 | 114 | 7 | 271 |
| 5.1 | Ida Svensson | 1:03:57 | 68 | 11 | 270 |

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|------------|--------------------------|------------------|---------------|----------------|-----------------|
| 271 | Trosabygdens OK 1 | | SWE | 5:37:52 | +1:45:55 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Johanna Ljungberg | 1:04:04 | 315 | 37 | 315 |
| 2.1 | Lena Nord | 1:17:44 | 264 | 15 | 292 |
| 3.1 | Eva Lindell | 54:41 | 319 | 319 | 293 |
| 4.1 | Eva Kindlundh | 1:16:42 | 208 | 15 | 268 |
| 5.1 | Åsa Westlund | 1:04:41 | 71 | 7 | 271 |
| 272 | OK RSP 1 | | LAT | 5:39:44 | +1:47:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Līga Ārniece | 52:59 | 210 | 34 | 210 |
| 2.1 | Elīna Kārklīņa | 1:17:13 | 261 | 17 | 245 |
| 3.1 | Mārīte Pundure | 41:47 | 246 | 246 | 243 |
| 4.1 | Kristīne Ruka | 1:57:59 | 333 | 21 | 293 |
| 5.1 | Kristīne Kokina | 49:46 | 13 | 3 | 272 |
| 273 | Forsa OK 1 | | SWE | 5:41:48 | +1:49:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Stina Skyttner | 1:01:03 | 305 | 35 | 305 |
| 2.1 | Ida Åkeson | 1:33:10 | 321 | 19 | 315 |
| 3.1 | Ylva Carlsson | 47:35 | 287 | 287 | 302 |
| 4.1 | Annika Staaf | 1:26:14 | 267 | 20 | 290 |
| 5.1 | Ulrika Swärd-Bütikofer | 53:46 | 35 | 6 | 273 |
| 274 | Ringsaker OK 1 | | NOR | 5:43:29 | +1:51:32 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Heidi Engelstad | 58:17 | 274 | 31 | 274 |
| 2.1 | Tori Weseth Fjeld | 1:13:01 | 217 | 11 | 255 |
| 3.1 | Marit Sund Storlien | 48:13 | 290 | 290 | 268 |
| 4.1 | Marte Mari Johansen | 1:55:45 | 330 | 20 | 300 |
| 5.1 | Anne Marit Bordial | 48:13 | 8 | 2 | 274 |
| 275 | OK Roslagen 1 | | SWE | 5:44:13 | +1:52:16 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Louise Johansson | 48:55 | 141 | 20 | 141 |
| 2.1 | Maria Kvarnlöf | 1:18:21 | 268 | 17 | 203 |
| 3.1 | Samantha Ahlgren | 35:50 | 157 | 157 | 194 |
| 4.1 | Louise Carlsson | 1:52:01 | 327 | 23 | 274 |
| 5.1 | Lina Andersson | 1:09:06 | 95 | 6 | 275 |
| 276 | Stenungsunds OK 1 | | SWE | 5:44:47 | +1:52:50 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Christina Birath | 1:02:07 | 312 | 36 | 312 |
| 2.1 | Kajsa Winberg | 1:32:49 | 320 | 18 | 316 |
| 3.1 | Anna-Karin Steindahl | 53:58 | 316 | 316 | 311 |
| 4.1 | Annika Buskqvist | 1:19:29 | 228 | 13 | 292 |
| 5.1 | Lisa Winberg | 56:24 | 46 | 7 | 276 |

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|------------|---------------------------|------------------|---------------|----------------|-----------------|
| 277 | OK Älvsjö Örby 1 | | SWE | 5:45:33 | +1:53:36 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Britt Marie Hellgren | 1:04:51 | 320 | 40 | 320 |
| 2.1 | Sandra Westerström | 1:22:21 | 295 | 18 | 301 |
| 3.1 | Ingrid Mattsson | 49:14 | 296 | 296 | 292 |
| 4.1 | Åsa Johansson | 1:31:34 | 288 | 17 | 289 |
| 5.1 | Elin Johansson | 57:33 | 50 | 7 | 277 |
| 278 | Linköpings OK 5 | | SWE | 5:47:25 | +1:55:28 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Carlsson | 58:43 | 285 | 40 | 285 |
| 2.1 | Matilda Jonsson | 1:13:44 | 222 | 16 | 261 |
| 3.1 | Lotta Granholm | 1:13:27 | 334 | 334 | 306 |
| 4.1 | Åsa Detterfelt | 1:22:26 | 254 | 17 | 291 |
| 5.1 | Lovisa Wählander | 59:05 | 57 | 10 | 278 |
| 279 | Ringerike o-lag 1 | | NOR | 5:48:26 | +1:56:29 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Guro H Kleiven | 1:02:30 | 313 | 39 | 313 |
| 2.1 | Hanne D Kihle | 1:30:28 | 313 | 21 | 313 |
| 3.1 | Synne Solbakken | 48:57 | 295 | 295 | 303 |
| 4.1 | Mette Heimstad | 1:29:13 | 279 | 17 | 295 |
| 5.1 | Anne-Kristin Kvamme | 57:18 | 48 | 6 | 279 |
| 280 | Tjällmo-Godegård 2 | | SWE | 5:50:04 | +1:58:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Catharina Karner | 54:29 | 238 | 32 | 238 |
| 2.1 | Lisa Åberg | 1:16:03 | 250 | 16 | 248 |
| 3.1 | Stina Åberg | 37:37 | 198 | 198 | 220 |
| 4.1 | Gunilla Jonsson | 2:08:25 | 338 | 23 | 301 |
| 5.1 | Sofie Åberg | 53:30 | 33 | 2 | 280 |
| 281 | Østmarka OK 1 | | NOR | 5:50:46 | +1:58:49 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Håversen | 51:27 | 191 | 25 | 191 |
| 2.1 | Vigdis Hobøl | 1:16:03 | 250 | 16 | 207 |
| 3.1 | Kim Dirro | 36:13 | 166 | 166 | 206 |
| 4.1 | Jartrud Steinsli | 2:02:03 | 334 | 22 | 286 |
| 5.1 | Anne Margrethe Håversen | 1:05:00 | 73 | 8 | 281 |
| 282 | OK Tylöskog 1 | | SWE | 5:51:20 | +1:59:23 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna-Birgitta Gustavsson | 57:01 | 263 | 35 | 263 |
| 2.1 | Anna Algotson | 1:16:34 | 255 | 15 | 267 |
| 3.1 | Monica Algotson | 44:17 | 273 | 273 | 266 |
| 4.1 | AnnaLena Svärd | 1:41:44 | 314 | 20 | 282 |
| 5.1 | Åsa Riisom | 1:11:44 | 117 | 8 | 282 |

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|------------|------------------------|------------------|---------------|----------------|-----------------|
| 283 | IS Kullen 1 | | SWE | 5:54:09 | +2:02:12 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Julia Dahl | 54:39 | 241 | 37 | 241 |
| 2.1 | Stina Berg | 1:05:20 | 147 | 13 | 173 |
| 3.1 | Maja Arborelius | 52:16 | 314 | 314 | 245 |
| 4.1 | Karin Ståhl | 1:32:10 | 289 | 18 | 256 |
| 5.1 | Malin Carlsvärd | 1:29:44 | 237 | 14 | 283 |
| 284 | Länna IF 1 | | SWE | 5:54:19 | +2:02:22 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Klara Alm | 57:25 | 266 | 36 | 266 |
| 2.1 | Lisa Karlsson/Mood | 1:22:52 | 296 | 20 | 287 |
| 3.1 | Jenny Sallkvist | 49:32 | 297 | 297 | 284 |
| 4.1 | Johanna Verwijst | 1:41:23 | 312 | 21 | 296 |
| 5.1 | Carina Nyström | 1:03:07 | 64 | 5 | 284 |
| 285 | NTNUI 10 | | NOR | 5:54:55 | +2:02:58 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Mai Watson | 1:11:35 | 333 | 41 | 333 |
| 2.1 | Siri Bente Haugen | 1:32:28 | 318 | 22 | 324 |
| 3.1 | Marit Wenseth Kure | 47:11 | 284 | 284 | 313 |
| 4.1 | Hilde Stakvik Eide | 1:21:50 | 249 | 16 | 297 |
| 5.1 | Silje Borge Hovi | 1:01:51 | 62 | 9 | 285 |
| 286 | Haninge SOK 1 | | SWE | 5:55:08 | +2:03:11 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kajsa Eriksson | 53:57 | 229 | 35 | 229 |
| 2.1 | Julia Göransson | 1:35:36 | 324 | 20 | 306 |
| 3.1 | Lina Dahlberg | 1:03:03 | 328 | 328 | 317 |
| 4.1 | Emelie Bringsäter | 1:13:10 | 180 | 11 | 286 |
| 5.1 | Therese Wilson | 1:09:22 | 100 | 7 | 286 |
| 287 | Bjursås OK 1 | | SWE | 5:57:43 | +2:05:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Björklund | 59:31 | 291 | 37 | 291 |
| 2.1 | Marianne Björklund | 1:09:49 | 180 | 10 | 229 |
| 3.1 | Anna Björklund | 57:47 | 325 | 325 | 281 |
| 4.1 | Malin Hallgren | 1:11:35 | 161 | 10 | 245 |
| 5.1 | Britt Björklund | 1:39:01 | 280 | 15 | 287 |
| 288 | Linköpings OK 8 | | SWE | 5:59:03 | +2:07:06 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Svernestam | 52:38 | 201 | 29 | 201 |
| 2.1 | Gitte Engström | 1:10:21 | 188 | 12 | 187 |
| 3.1 | Elisabeth Österberg | 1:10:33 | 333 | 333 | 287 |
| 4.1 | Pia Gustafsson | 1:20:45 | 243 | 17 | 272 |
| 5.1 | Annika Forslund | 1:24:46 | 201 | 13 | 288 |

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|------------|-----------------------------|------------------|---------------|----------------|-----------------|
| 289 | OK Pan Århus 3 | | DEN | 5:59:25 | +2:07:28 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Dybdal | 54:38 | 240 | 28 | 240 |
| 2.1 | Henriette K.Rokkjaer | 1:30:23 | 312 | 20 | 295 |
| 3.1 | Caroline Wilken | 55:37 | 320 | 320 | 297 |
| 4.1 | Signe Just Boe | 1:29:32 | 281 | 18 | 294 |
| 5.1 | Grethe Leth Jörgensen | 1:09:15 | 98 | 11 | 289 |
| 290 | Skarpnäcks OL 2 | | SWE | 5:59:27 | +2:07:30 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Lindmark | 1:01:08 | 306 | 36 | 306 |
| 2.1 | Emma Zetterström | 1:19:47 | 279 | 19 | 289 |
| 3.1 | Catarina Rolén | 43:53 | 269 | 269 | 278 |
| 4.1 | Eva Molen | 1:34:41 | 295 | 18 | 281 |
| 5.1 | Linnea Carlsson | 1:19:58 | 164 | 12 | 290 |
| 291 | Rånäs OK 1 | | SWE | 5:59:48 | +2:07:51 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Alexandra Bjärrenholt | 1:19:30 | 339 | 43 | 339 |
| 2.1 | Rebecca Bjärrenholt | 1:22:18 | 294 | 19 | 322 |
| 3.1 | Marica Tynell | 50:57 | 304 | 304 | 319 |
| 4.1 | Sofie Karlsson | 1:28:03 | 273 | 16 | 307 |
| 5.1 | Amanda Eklund | 59:00 | 56 | 9 | 291 |
| 292 | Lunds OK 3 | | SWE | 6:00:44 | +2:08:47 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Caroline Ivarsson | 1:13:15 | 334 | 42 | 334 |
| 2.1 | Anna Sjöström | 1:30:29 | 314 | 19 | 323 |
| 3.1 | Bitte Pott | 42:02 | 251 | 251 | 305 |
| 4.1 | Ann-Kristin Sjöström | 1:33:15 | 290 | 17 | 302 |
| 5.1 | Maureen Olsson | 1:01:43 | 61 | 8 | 292 |
| 293 | OK Nolaskogsarna 1 | | SWE | 6:02:36 | +2:10:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Stina Magnusson | 57:23 | 265 | 31 | 265 |
| 2.1 | Eleonore Sahlin | 2:03:10 | 339 | 21 | 332 |
| 3.1 | Anette Nyström | 48:17 | 291 | 291 | 325 |
| 4.1 | Elina Mikaelsson | 1:17:51 | 215 | 14 | 310 |
| 5.1 | Caroline Edlund | 55:55 | 42 | 3 | 293 |
| 294 | SK Zabovresky Brno 3 | | CZE | 6:03:30 | +2:11:33 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Tereza Adamkova | 1:19:57 | 340 | 42 | 340 |
| 2.1 | Petra Palátová | 1:34:49 | 323 | 21 | 330 |
| 3.1 | Veronika Kristkova | 43:07 | 261 | 261 | 321 |
| 4.1 | Marie Stratilova | 1:16:36 | 206 | 15 | 299 |
| 5.1 | Zuzana Hendrychova | 1:09:01 | 93 | 9 | 294 |

| | | | | | |
|------------|---------------------------------|------------------|---------------|----------------|-----------------|
| 295 | Ylistaron Kilpa-Veljet 1 | | FIN | 6:04:33 | +2:12:36 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Rosita Nivukoski | 1:13:58 | 336 | 43 | 336 |
| 2.1 | Eeva Ojajärvi | 1:30:05 | 311 | 21 | 324 |
| 3.1 | Hanna Helander | 47:28 | 286 | 286 | 315 |
| 4.1 | Elina Rinkineva | 1:27:46 | 272 | 19 | 304 |
| 5.1 | Elisa Nivukoski | 1:05:16 | 76 | 12 | 295 |
| 296 | OK Kolmården 4 | | SWE | 6:04:49 | +2:12:52 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Airi Nikko | 1:14:10 | 337 | 43 | 337 |
| 2.1 | Eva Karin Skullman | 1:24:56 | 303 | 19 | 319 |
| 3.1 | Kerstin Jagesten | 52:10 | 313 | 313 | 314 |
| 4.1 | Bettan Aldén | 1:28:41 | 277 | 16 | 305 |
| 5.1 | Maria Nordwall | 1:04:52 | 72 | 12 | 296 |
| 297 | Tidaholm/Mullsjö 1 | | SWE | 6:05:58 | +2:14:01 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Elin Törnroth | 1:07:21 | 324 | 39 | 324 |
| 2.1 | Jeanette Wiberg | 1:21:50 | 292 | 18 | 305 |
| 3.1 | Pia Käck Fritzell | 47:01 | 283 | 283 | 291 |
| 4.1 | Lena Arnoldsson | 1:38:03 | 305 | 20 | 298 |
| 5.1 | Klara Fredriksson | 1:11:43 | 116 | 13 | 297 |
| 298 | KFUM Örebro OK 3 | | SWE | 6:05:59 | +2:14:02 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Iva Fagré | 51:24 | 190 | 23 | 190 |
| 2.1 | Linda Länнемäki | 1:42:33 | 331 | 19 | 314 |
| 3.1 | Catarina Cuiibe | 1:15:21 | 335 | 335 | 326 |
| 4.1 | Lina Jonhed | 1:18:48 | 221 | 15 | 312 |
| 5.1 | Jenny Johansson | 57:53 | 53 | 8 | 298 |
| 299 | Tumba-Mälarhöjden OK 3 | | SWE | 6:07:32 | +2:15:35 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Lotta Östervall | 1:04:43 | 318 | 39 | 318 |
| 2.1 | Carina Johansson | 1:27:47 | 307 | 20 | 312 |
| 3.1 | Annica Sundeby | 54:26 | 318 | 318 | 308 |
| 4.1 | Camilla Svensson | 1:47:44 | 319 | 21 | 315 |
| 5.1 | Helena Adebrant | 52:52 | 28 | 4 | 299 |
| 300 | NTNUI 7 | | NOR | 6:10:31 | +2:18:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Victoria Skimmeland | 59:24 | 290 | 36 | 290 |
| 2.1 | Benedikte Skjærstad | 1:40:19 | 328 | 21 | 321 |
| 3.1 | Maria Rost | 43:16 | 263 | 263 | 304 |
| 4.1 | Anna Hall | 1:43:51 | 315 | 20 | 311 |
| 5.1 | Marianne Dæhli | 1:03:41 | 66 | 10 | 300 |

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|------------|----------------------------|------------------|---------------|----------------|-----------------|
| 301 | Avesta OK 1 | | SWE | 6:11:53 | +2:19:56 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Therese Tillenius | 1:04:11 | 316 | 38 | 316 |
| 2.1 | Sussie Lindh | 1:12:29 | 211 | 12 | 278 |
| 3.1 | Lovisa Östman | 48:20 | 292 | 292 | 280 |
| 4.1 | Anna-Karin Lövgren | 1:55:44 | 329 | 22 | 306 |
| 5.1 | Helena Lundin | 1:11:09 | 111 | 14 | 301 |
| 302 | Trollhättans SOK 1 | | SWE | 6:12:36 | +2:20:39 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Gunilla Edgren | 1:34:12 | 343 | 42 | 343 |
| 2.1 | Susanne Wiklund Björk | 1:17:45 | 265 | 16 | 329 |
| 3.1 | Aina Edgren | 50:13 | 302 | 302 | 323 |
| 4.1 | Lina Andersson | 1:34:21 | 294 | 21 | 316 |
| 5.1 | Agneta Berlin | 56:05 | 43 | 4 | 302 |
| 303 | Skogsluffarnas OK 1 | | SWE | 6:14:04 | +2:22:07 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Katarina Holmgren | 1:04:46 | 319 | 40 | 319 |
| 2.1 | Annika Palm | 1:11:27 | 200 | 12 | 277 |
| 3.1 | Erika Carlinger | 1:04:26 | 329 | 329 | 299 |
| 4.1 | Anna Rosnäs | 1:44:09 | 316 | 21 | 309 |
| 5.1 | Elin Mongård | 1:09:16 | 99 | 10 | 303 |
| 304 | OK Rodhen 3 | | SWE | 6:15:38 | +2:23:41 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Gabriella Melin | 1:05:39 | 321 | 41 | 321 |
| 2.1 | Pernilla Svedin | 1:15:19 | 241 | 16 | 290 |
| 3.1 | Mathilda Karlsson | 53:34 | 315 | 315 | 288 |
| 4.1 | Emma Sjölander | 1:50:05 | 325 | 20 | 308 |
| 5.1 | Karin Jansson | 1:11:01 | 110 | 11 | 304 |
| 305 | Falköpings AIK OK 1 | | SWE | 6:24:37 | +2:32:40 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Caroline Hagström | 58:23 | 279 | 38 | 279 |
| 2.1 | Johanna Nilsson | 1:33:55 | 322 | 20 | 311 |
| 3.1 | Lina Dahlberg | 54:04 | 317 | 317 | 307 |
| 4.1 | Malin Dahlberg | 1:57:07 | 331 | 22 | 317 |
| 5.1 | Kristine Svensson | 1:01:08 | 59 | 6 | 305 |
| 306 | Helsingborgs SOK 2 | | SWE | 6:27:57 | +2:36:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Malin Riis | 1:05:44 | 322 | 41 | 322 |
| 2.1 | Louise Nordahl | 1:26:02 | 305 | 19 | 309 |
| 3.1 | Marie Palmgren | 48:31 | 293 | 293 | 296 |
| 4.1 | Britt-Marie Stensson | 1:48:49 | 322 | 20 | 314 |
| 5.1 | Lotta Sjöberg | 1:18:51 | 155 | 14 | 306 |

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|------------|----------------------------|------------------|---------------|----------------|-----------------|
| 307 | Vimmerby OK 2 | | SWE | 6:30:31 | +2:38:34 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Adolfsson | 1:13:56 | 335 | 43 | 335 |
| 2.1 | Agneta Olivestam | 1:15:47 | 246 | 21 | 307 |
| 3.1 | Emilia Andersson | 51:58 | 311 | 311 | 301 |
| 4.1 | Emilie Danielsson | 2:03:44 | 335 | 20 | 320 |
| 5.1 | Frida Danielsson | 1:05:06 | 75 | 6 | 307 |
| 308 | Vallentuna-Össeby 2 | | SWE | 6:32:12 | +2:40:15 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Öhman | 59:22 | 289 | 35 | 289 |
| 2.1 | Camilla Öhman | 1:36:30 | 325 | 21 | 317 |
| 3.1 | Elin Brunnberg | 44:46 | 276 | 276 | 297 |
| 4.1 | Eva Sundgren | 1:48:23 | 320 | 19 | 313 |
| 5.1 | Linnea Carlberg | 1:23:11 | 187 | 12 | 308 |
| 309 | Västerås SOK 3 | | SWE | 6:32:38 | +2:40:41 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sofia Carlsson | 1:01:20 | 308 | 39 | 308 |
| 2.1 | Amanda Utter | 1:24:29 | 302 | 19 | 297 |
| 3.1 | Cecilia Välijeesiö | 49:54 | 300 | 300 | 290 |
| 4.1 | Barbro Andersson | 2:07:51 | 337 | 21 | 319 |
| 5.1 | Carin Reinholdsson | 1:09:04 | 94 | 10 | 309 |
| 310 | GOLF Tjalve 2 | | SWE | 6:34:41 | +2:42:44 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Martin-Magnusson | 1:04:13 | 317 | 40 | 317 |
| 2.1 | Lena Fröberg | 1:23:43 | 299 | 21 | 304 |
| 3.1 | Marie Lindqvist | 1:02:45 | 327 | 327 | 312 |
| 4.1 | Magdalena Wahlqvist-Axi | 1:28:27 | 274 | 19 | 303 |
| 5.1 | Susanne Dahlberg | 1:35:33 | 269 | 15 | 310 |
| 311 | Espoon Suunta 2 | | FIN | 6:37:42 | +2:45:45 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Laura Hakulinen | 1:09:00 | 327 | 40 | 327 |
| 2.1 | Noora Sorri | 1:28:28 | 308 | 20 | 318 |
| 3.1 | Elfi Kjellberg | 1:04:37 | 330 | 330 | 322 |
| 4.1 | Nicola Kivaco | 1:52:16 | 328 | 21 | 321 |
| 5.1 | Marjo Koistinen | 1:03:21 | 65 | 11 | 311 |
| 312 | KFUM Örebro OK 4 | | SWE | 6:39:34 | +2:47:37 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Kerstin Norman | 1:07:33 | 325 | 41 | 325 |
| 2.1 | Jennie Brobakken | 1:49:27 | 333 | 20 | 331 |
| 3.1 | Sara Kalander | 49:50 | 299 | 299 | 324 |
| 4.1 | Kajsa Källérus | 1:57:51 | 332 | 21 | 325 |
| 5.1 | Maria Magnusson | 54:53 | 36 | 4 | 312 |

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|------------|---------------------------|------------------|---------------|----------------|-----------------|
| 313 | Lidköpings VSK 1 | | SWE | 6:43:13 | +2:51:16 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Eva Hägnander | 1:00:23 | 297 | 37 | 297 |
| 2.1 | Ida Karlsson | 1:21:13 | 289 | 19 | 291 |
| 3.1 | Kristina Johansson | 1:10:06 | 332 | 332 | 316 |
| 4.1 | Emma Ekberg | 1:51:48 | 326 | 22 | 318 |
| 5.1 | Karin Johansson | 1:19:43 | 162 | 11 | 313 |
| 314 | IK Gandvik 1 | | SWE | 6:44:14 | +2:52:17 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Pia Brag Jonsson | 1:10:57 | 330 | 39 | 330 |
| 2.1 | Helena Södervall | 1:19:20 | 274 | 17 | 308 |
| 3.1 | Ingrid Tengeland | 1:21:06 | 336 | 336 | 327 |
| 4.1 | Anne-Marie Holmström | 1:46:16 | 317 | 20 | 324 |
| 5.1 | Tina Karling-Hellsvik | 1:06:35 | 81 | 11 | 314 |
| 315 | Trollhättans SOK 2 | | SWE | 7:01:43 | +3:09:46 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Maria Svensson | 54:19 | 234 | 31 | 234 |
| 2.1 | Kerstin Svensson | 2:06:33 | 340 | 21 | 333 |
| 3.1 | Catharina Carlsson | 56:11 | 323 | 323 | 329 |
| 4.1 | Nina Schmidt | 1:39:52 | 309 | 20 | 323 |
| 5.1 | Bodil Ahlström | 1:24:48 | 202 | 13 | 315 |
| 316 | NTNUI 9 | | NOR | 7:51:00 | +3:59:03 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Astrid Marthinsen | 58:21 | 276 | 33 | 276 |
| 2.1 | Ida Hjorth | 2:32:46 | 342 | 22 | 338 |
| 3.1 | Molly Bazilchuk | 1:44:31 | 341 | 341 | 333 |
| 4.1 | Heather Taterka | 1:37:44 | 303 | 19 | 329 |
| 5.1 | Jasmin St. Laurent | 57:38 | 51 | 8 | 316 |
| 317 | Rånäs OK 2 | | SWE | 7:56:57 | +4:05:00 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ninni Bjärrenholt | 2:19:40 | 346 | 45 | 346 |
| 2.1 | Marita Karlsson | 1:43:13 | 332 | 20 | 339 |
| 3.1 | Anne Eklund | 1:06:44 | 331 | 331 | 332 |
| 4.1 | Agneta Karlsson | 1:37:57 | 304 | 18 | 327 |
| 5.1 | Anki Pousette | 1:09:23 | 101 | 13 | 317 |
| 318 | OK Kroppefjäll 1 | | SWE | 8:08:17 | +4:16:20 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | amanda soppi | 1:46:37 | 344 | 44 | 344 |
| 2.1 | lisa borssen | 1:40:22 | 329 | 22 | 336 |
| 3.1 | matilda larsson | 1:37:49 | 339 | 339 | 331 |
| 4.1 | ingrid jansson | 1:48:25 | 321 | 21 | 328 |
| 5.1 | lena gustavsson | 1:15:04 | 133 | 13 | 318 |

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|------------|-------------------------|------------------|---------------|----------------|-----------------|
| 319 | Aalborg OK 2 | | DEN | 9:21:51 | +5:29:54 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Marie Honoré Jensen | 1:00:52 | 302 | 37 | 302 |
| 2.1 | Freja Johansen | 2:27:50 | 341 | 21 | 337 |
| 3.1 | Bendikte Vindum Larsen | 1:32:21 | 338 | 338 | 330 |
| 4.1 | Kirsten Bobach | 2:24:39 | 340 | 19 | 330 |
| 5.1 | Tina Udholm | 1:56:09 | 318 | 14 | 319 |
| 320 | SMHI IF 1 | | SWE | 8:39:08 | +4:47:11 |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Helena Södergren | 2:33:50 | 347 | 44 | 347 |
| 2.1 | Åsa Granström | 1:55:49 | 338 | 21 | 340 |
| 3.1 | Chantal Donnelly | 1:27:56 | 337 | 337 | 334 |
| 4.1 | Lisa Lind | 1:29:15 | 280 | 17 | 331 |
| 5.1 | Karin Nystöm | 1:12:18 | 120 | 12 | 320 |
| | Sundbybergs IK 1 | | SWE | DNF | |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Duvander | 45:21 | 89 | 11 | 89 |
| 2.1 | Klára Prochazková | 1:12:27 | 210 | 13 | 157 |
| 3.1 | Eva-Lena Eriksson | 39:50 | 232 | 232 | 168 |
| 4.1 | Anne Kretschmar | 1:11:41 | 162 | 11 | 168 |
| 5.1 | | DNF | | | |
| | Umeå OK 3 | | SWE | DNF | |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Sanna Rönnlund | DNF | | | |
| 2.1 | Carolyn Faithfull | 1:54:22 | 336 | 22 | |
| 3.1 | Anna Holmström | 50:05 | 301 | 301 | |
| 4.1 | Gabriela Egerup | MP | | | |
| 5.1 | Malin Eriksson | 1:10:51 | 109 | 12 | |
| | Norbergs OK 1 | | SWE | DNF | |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Erika Nilsson | 47:25 | 126 | 18 | 126 |
| 2.1 | Emilia Nilsson | 1:07:02 | 158 | 12 | 142 |
| 3.1 | Martina Karlsson | DNF | | | |
| 4.1 | Camilla Sjökvist | MP | | | |
| 5.1 | Malin Björkqvist | 53:21 | 32 | 4 | |
| | Tullinge SK 3 | | SWE | MP | |
| | | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Ida Forsén | MP | | | |
| 2.1 | Josefin Persson | 59:26 | 72 | 6 | |
| 3.1 | Johanna Persson | 33:26 | 107 | 107 | |
| 4.1 | Yvonne Andersson | 1:08:20 | 137 | 9 | |
| 5.1 | Karolin Ohlsson | 1:17:43 | 146 | 9 | |

OK Tyr 4

| | | SWE MP | | |
|-----|-----------------------|--------|---------|---------|
| | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Gustavsson Hane | | | |
| | MP | | | |
| 2.1 | Elisabeth Öström | | | |
| | MP | | | |
| 3.1 | Anna Weckner Westlund | | | |
| | DNS | | | |
| 4.1 | Jane Forrest | | | |
| | DNS | | | |
| 5.1 | Ingrid Kensby | | | |
| | DNS | | | |

FK Göingarna 1

| | | SWE MP | | |
|-----|----------------------------|---------|---------|---------|
| | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Anna Persson | 41:38 | 16 | 7 |
| | | | | 16 |
| 2.1 | Viktoria Ernstsson | | | |
| | MP | | | |
| 3.1 | Ingrid Svantesdotter-Larss | 38:36 | 212 | 212 |
| 4.1 | Louise Axelsson | 1:19:38 | 232 | 16 |
| 5.1 | Lucie Weissova | | | |
| | DNS | | | |

IFK Enskede 1

| | | SWE MP | | |
|-----|--------------------|---------|---------|---------|
| | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Carina Hallendal | 50:24 | 174 | 29 |
| | | | | 174 |
| 2.1 | Karin Lindskog | | | |
| | MP | | | |
| 3.1 | Therese Martinsson | 41:03 | 241 | 241 |
| 4.1 | Jonna Rickard | 1:22:23 | 253 | 17 |
| 5.1 | Nina de Bousard | 1:44:44 | 296 | 27 |

Hyvinkään Rasti 1

| | | FIN MP | | |
|-----|------------------|---------|---------|---------|
| | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Outi Siirola | 1:21:21 | 341 | 42 |
| | | | | 341 |
| 2.1 | Kaisa Friman | | | |
| | MP | | | |
| 3.1 | Milla Turpiainen | | | |
| | DNS | | | |
| 4.1 | Aino Norrbacka | | | |
| | DNS | | | |
| 5.1 | Aino Sillanpää | | | |
| | DNS | | | |

Sundsvalls OK 1

| | | SWE MP | | |
|-----|-------------------|---------|---------|---------|
| | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Susanne Liukkonen | 43:41 | 61 | 11 |
| | | | | 61 |
| 2.1 | Johanna Bergman | 53:13 | 19 | 1 |
| | | | | 23 |
| 3.1 | Julia Alström | | | |
| | MP | | | |
| 4.1 | Alice Hugosson | 1:05:40 | 106 | 6 |
| 5.1 | Malin Vedin | 1:47:01 | 300 | 23 |

Kristiansand OK 1

| | | NOR MP | | |
|-----|--------------------------|---------|---------|---------|
| | sträcktid | pl str | pl gaff | växl pl |
| 1.1 | Irene Beate Øhrn Arnevik | 45:06 | 82 | 12 |
| | | | | 82 |
| 2.1 | Anneke Hald Bjørgum | 1:07:09 | 159 | 9 |
| | | | | 130 |
| 3.1 | Sandy Hott | | | |
| | MP | | | |
| 4.1 | Monika Topinkova | 57:17 | 34 | 2 |
| 5.1 | Lina Persson | 1:06:27 | 79 | 3 |

IL Tyrving 2

| | | NOR MP | | | |
|-----|-------------------|---------|---------|---------|-----|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Zsuzsa Fey | 49:35 | 162 | 26 | 162 |
| 2.1 | Ingrid Berge | 1:00:49 | 89 | 8 | 114 |
| 3.1 | Marianne Njåstein | 36:40 | 182 | 182 | 123 |
| 4.1 | Bella Russ | 1:06:12 | 115 | 6 | 109 |
| 5.1 | Turi Schengen | MP | | | |

Kangasala SK 2

| | | FIN MP | | | |
|-----|------------------|---------|---------|---------|-----|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Iida Savolainen | 51:51 | 196 | 28 | 196 |
| 2.1 | Aino Ojanen | 1:10:13 | 184 | 11 | 183 |
| 3.1 | Satu Mäkitammi | 35:28 | 150 | 150 | 167 |
| 4.1 | Niina Papinsaari | 1:07:44 | 128 | 8 | 143 |
| 5.1 | Maija Ojanen | MP | | | |

Halden Skiklubb 3

| | | NOR MP | | | +0:17 |
|-----|-------------------------|---------|---------|---------|-------|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Frøya Hauan Andersen | 55:16 | 247 | 26 | 247 |
| 2.1 | Maiken Norstedt Kildebo | 1:14:22 | 231 | 14 | 235 |
| 3.1 | Hanne Lerche Raadal | 37:11 | 191 | 191 | 217 |
| 4.1 | Gry Granstedt | 1:05:25 | 103 | 7 | 176 |
| 5.1 | Anne J Haugen | MP | | | |

OK Raseborg 1

| | | FIN MP | | | |
|-----|-----------------------|---------|---------|---------|-----|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Pernilla Rantamäki | 49:13 | 149 | 18 | 149 |
| 2.1 | Susanna Forsell | MP | | | |
| 3.1 | Pia Holmberg | 52:09 | 312 | 312 | |
| 4.1 | Johanna von Frenckell | 1:13:13 | 181 | 11 | |
| 5.1 | Henrika Malmström | 53:05 | 29 | 5 | |

Vänersborgs SK 2

| | | SWE MP | | | |
|-----|-----------------------|---------|---------|---------|-----|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Martina D Stigsson | 53:53 | 228 | 34 | 228 |
| 2.1 | Annette Falck-Larsson | MP | | | |
| 3.1 | Frida Stolt | 40:28 | 236 | 236 | |
| 4.1 | Sandra Axelsson | 1:38:07 | 306 | 20 | |
| 5.1 | Charlotte Österman | 55:32 | 41 | 9 | |

NTNUI 11

| | | NOR MP | | | |
|-----|----------------------|---------|---------|---------|-----|
| | sträcktid | pl str | pl gaff | växl pl | |
| 1.1 | Julia W. Vannemo | 2:03:53 | 345 | 44 | 345 |
| 2.1 | Maren Boon Mundal | MP | | | |
| 3.1 | Maren Dalen Halmrast | 0:00* | | | |
| 4.1 | May Børset | 0:00 | 1 | 1 | |
| 5.1 | Marit Isachsen | 1:35:32 | 268 | 12 | |

OK Skogshjortarna 2

SWE MP

| | sträcktid | pl str | pl gaff | växl pl | |
|-----|------------------|---------|---------|---------|-----|
| 1.1 | Suzy Larsson | 59:36 | 293 | 36 | 293 |
| 2.1 | Annica Tholén | 1:20:49 | 286 | 18 | 288 |
| 3.1 | Linda Andreasson | 1:00:22 | 326 | 326 | 300 |
| 4.1 | Eva Pedersen | MP | | | |
| 5.1 | Ann Laas | 1:11:18 | 114 | 10 | |

Kristiansand OK 3

NOR MP

| | sträcktid | pl str | pl gaff | växl pl | |
|-----|--------------------|---------|---------|---------|-----|
| 1.1 | Solveig Blandkjenn | 1:10:41 | 329 | 43 | 329 |
| 2.1 | Stine Bujordet | 1:40:00 | 327 | 20 | 328 |
| 3.1 | Annika Olsen | 41:55 | 247 | 247 | 317 |
| 4.1 | Bodil Hulløen | MP | | | |
| 5.1 | Ragnhild Hald | MP | | | |

NTNUI 8

NOR MP

+2:15:14

| | sträcktid | pl str | pl gaff | växl pl | |
|-----|--------------------|---------|---------|---------|-----|
| 1.1 | Chloe Blanc | 1:15:36 | 338 | 44 | 338 |
| 2.1 | Marita Grønhovd | 1:54:22 | 336 | 23 | 334 |
| 3.1 | Elin Krogstad | 45:23 | 278 | 278 | 328 |
| 4.1 | Camilla Stridsklev | 2:11:50 | 339 | 21 | 326 |
| 5.1 | Hannah Leong | MP | | | |

NTNUI 12

NOR MP

+5:31:58

| | sträcktid | pl str | pl gaff | växl pl | |
|-----|-------------------------|---------|---------|---------|-----|
| 1.1 | Marianne Heltne | 3:30:46 | 348 | 44 | 348 |
| 2.1 | Kari Ellen Hansen | 2:37:01 | 343 | 23 | 341 |
| 3.1 | Cecilie Thon Heidelberg | 1:38:32 | 340 | 340 | 335 |
| 4.1 | Annette Jahr | 1:37:36 | 302 | 19 | 332 |
| 5.1 | Renathe Eline Jakobsen | MP | | | |

FarumTisvilde OK 1

DEN DNS

| | sträcktid | pl str | pl gaff | växl pl |
|-----|---------------------|--------|---------|---------|
| 1.1 | Lotte Bergmann | DNS | | |
| 2.1 | Ulla Place Petersen | DNS | | |
| 3.1 | Linea Place Eriksen | DNS | | |
| 4.1 | Amanda Falck Weber | DNS | | |
| 5.1 | Iben Valery | DNS | | |

Halden Skiklubb 4

NOR DNS

| | sträcktid | pl str | pl gaff | växl pl |
|-----|-----------|--------|---------|---------|
| 1.1 | | DNS | | |
| 2.1 | | DNS | | |
| 3.1 | | DNS | | |
| 4.1 | | DNS | | |
| 5.1 | | DNS | | |

Soik Hellas 3

| | sträcktid | SWE | DNS | pl str | pl gaff | växl pl |
|-----|------------------|------------|------------|---------------|----------------|----------------|
| 1.1 | DNS | | | | | |
| 2.1 | DNS | | | | | |
| 3.1 | DNS | | | | | |
| 4.1 | DNS | | | | | |
| 5.1 | DNS | | | | | |

Boxholm-Mjölby OL 2

| | sträcktid | SWE | DNS | pl str | pl gaff | växl pl |
|------------------------|------------------|------------|------------|---------------|----------------|----------------|
| 1.1 Hanna Alenius | DNS | | | | | |
| 2.1 Viktoria petré | DNS | | | | | |
| 3.1 Anna-Lena Lagneteg | DNS | | | | | |
| 4.1 Margareta Skarp | DNS | | | | | |
| 5.1 Sofie Larsson | DNS | | | | | |

Kongsberg O-lag 3

| | sträcktid | NOR | DNS | pl str | pl gaff | växl pl |
|-----|------------------|------------|------------|---------------|----------------|----------------|
| 1.1 | DNS | | | | | |
| 2.1 | DNS | | | | | |
| 3.1 | DNS | | | | | |
| 4.1 | DNS | | | | | |
| 5.1 | DNS | | | | | |

OK 64 Torpa 1

| | sträcktid | SWE | DNS | pl str | pl gaff | växl pl |
|-------------------------------|------------------|------------|------------|---------------|----------------|----------------|
| 1.1 Sara Larsson | DNS | | | | | |
| 2.1 Elisabet Nayström-Larsson | DNS | | | | | |
| 3.1 Kerstin Segersson | DNS | | | | | |
| 4.1 Karin Ernfridsson | DNS | | | | | |
| 5.1 Amie Samuelsson | DNS | | | | | |

KFUM Örebro OK 2

| | sträcktid | SWE | DNS | pl str | pl gaff | växl pl |
|----------------------|------------------|------------|------------|---------------|----------------|----------------|
| 1.1 Stina Öst | DNS | | | | | |
| 2.1 Emma Fransson | DNS | | | | | |
| 3.1 Nina Böe | DNS | | | | | |
| 4.1 Sara Garpenlund | DNS | | | | | |
| 5.1 Susanne Eriksson | DNS | | | | | |

Forsa OK 2

| | sträcktid | SWE | DNS | pl str | pl gaff | växl pl |
|-----|------------------|------------|------------|---------------|----------------|----------------|
| 1.1 | DNS | | | | | |
| 2.1 | DNS | | | | | |
| 3.1 | DNS | | | | | |
| 4.1 | DNS | | | | | |
| 5.1 | DNS | | | | | |

Avesta OK 2

| | | SWE DNS | | |
|-----|----------|---------|---------|---------|
| | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | DNS | | | |
| 2.1 | DNS | | | |
| 3.1 | DNS | | | |
| 4.1 | DNS | | | |
| 5.1 | DNS | | | |

Eskilstuna OL 1

| | | SWE DNS | | |
|-----|--------------------------|---------|---------|---------|
| | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Lovisa Onsbring Gustafso | DNS | | |
| 2.1 | Inger Onsbring | DNS | | |
| 3.1 | Marie Hedar | DNS | | |
| 4.1 | | DNS | | |
| 5.1 | | DNS | | |

Wing OK Trondheim 1

| | | NOR DNS | | |
|-----|----------------|---------|---------|---------|
| | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Sara Lüscher | 40:42 | 8 | 1 8 |
| 2.1 | Lene Bergersen | DNS | | |
| 3.1 | Elise Egseth | DNS | | |
| 4.1 | Helen Palmer | MP | | |
| 5.1 | Sara Lüscher | DNS | | |

IF Thor 3

| | | SWE DNS | | |
|-----|------------------|---------|---------|---------|
| | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Camilla Nygren | 1:11:02 | 331 | 40 331 |
| 2.1 | Helena Ekbrink | 1:14:59 | 237 | 13 298 |
| 3.1 | Camilla Nygren | DNS | | |
| 4.1 | Elin Woxlin | DNS | | |
| 5.1 | Inger Pettersson | DNS | | |

Vehkalahden Veikot 1

| | | FIN DNS | | |
|-----|------------------|---------|---------|---------|
| | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Riikka Timperi | 45:48 | 105 | 17 105 |
| 2.1 | Salla Töyrylä | 1:04:21 | 134 | 7 109 |
| 3.1 | reserv reserv | 36:29 | 177 | 177 120 |
| 4.1 | Marjo Liikanen | DNS | | |
| 5.1 | Elisa Kemppainen | DNS | | |

Linköpings OK 7

| | | SWE DNS | | |
|-----|---------------------|---------|---------|---------|
| | sträckt看 | pl str | pl gaff | växl pl |
| 1.1 | Maria Olofsson | 53:44 | 222 | 28 222 |
| 2.1 | Ann-Sofie Svensson | 1:53:39 | 335 | 22 326 |
| 3.1 | Maud Göthe-Lundgren | DNS | | |
| 4.1 | Carina Faxén | DNS | | |
| 5.1 | Marianne Nyman | DNS | | |

Sundsvalls OK 3**SWE DNS**

| | sträcktid | pl str | pl gaff | växl pl |
|-------------------------|------------------|---------------|----------------|----------------|
| 1.1 Cecilia Edström | 1:24:39 | 342 | 43 | 342 |
| 2.1 Anna-Lena Lindström | 1:52:45 | 334 | 21 | 335 |
| 3.1 Ann-Kristin Vedin | DNS | | | |
| 4.1 Anna Hammarberg | DNS | | | |
| 5.1 Anna Nystedt | DNS | | | |

MS Parma 2**FIN DNS**

| | sträcktid | pl str | pl gaff | växl pl |
|-----------------------|------------------|---------------|----------------|----------------|
| 1.1 Laura Lammila | 43:37 | 60 | 4 | 60 |
| 2.1 Reeta Rantanen | 1:02:55 | 110 | 6 | 82 |
| 3.1 Susanna Laakkonen | 34:25 | 127 | 127 | 88 |
| 4.1 Tiia Miettinen | 1:02:58 | 78 | 5 | 76 |
| 5.1 | DNS | | | |

Bækkelaget SK 3**NOR DNS**

| | sträcktid | pl str | pl gaff | växl pl |
|-------------------------|------------------|---------------|----------------|----------------|
| 1.1 Johanna Ring | 45:54 | 107 | 15 | 107 |
| 2.1 Katja Ekroll Jahren | 1:03:04 | 115 | 7 | 102 |
| 3.1 Marie Filtenborg | 38:48 | 219 | 219 | 131 |
| 4.1 Ingunn Edström | 1:04:48 | 96 | 10 | 104 |
| 5.1 Gry Olaisen | DNS | | | |

Alfta ÖSA OK 2**SWE DNS****+4:11**

| | sträcktid | pl str | pl gaff | växl pl |
|----------------------|------------------|---------------|----------------|----------------|
| 1.1 Ylva Kindlundh | 51:12 | 185 | 24 | 185 |
| 2.1 Martina Peterson | 1:10:30 | 192 | 11 | 178 |
| 3.1 Bente Rost | 38:22 | 210 | 210 | 177 |
| 4.1 Sofia Byström | 1:16:04 | 203 | 14 | 189 |
| 5.1 | DNS | | | |

IFK Lidingö SOK 3**SWE DNS****+11:10**

| | sträcktid | pl str | pl gaff | växl pl |
|-------------------------|------------------|---------------|----------------|----------------|
| 1.1 Alexandra Vejedal | 45:10 | 85 | 15 | 85 |
| 2.1 Mia Lilja | 1:07:57 | 167 | 13 | 133 |
| 3.1 Josefin Wångdahl | 36:37 | 181 | 181 | 141 |
| 4.1 Cecilia Emanuelsson | 1:33:23 | 291 | 21 | 209 |
| 5.1 Sofia Thorsson | DNS | | | |

Lerums SOK 1**SWE DNS****+51:14**

| | sträcktid | pl str | pl gaff | växl pl |
|----------------------|------------------|---------------|----------------|----------------|
| 1.1 Susanne Cox | 58:04 | 269 | 30 | 269 |
| 2.1 Malin Hedberg | 1:41:37 | 330 | 21 | 320 |
| 3.1 Katarina Hedberg | 55:38 | 321 | 321 | 320 |
| 4.1 Linda Gunnarsson | 1:07:52 | 131 | 9 | 284 |
| 5.1 Lovisa Nilsson | DNS | | | |

Rajamäen Rykmentti 2

FIN DNS

+1:44:11

| | sträcktid | pl str | pl gaff | växl pl | |
|-----|-------------------|---------------|----------------|----------------|-----|
| 1.1 | Minna Närhi | 1:10:13 | 328 | 42 | 328 |
| 2.1 | Suri Manninen | 1:38:22 | 326 | 20 | 327 |
| 3.1 | Kaisa Lylynperä | 39:52 | 233 | 233 | 310 |
| 4.1 | Salla Lähteenmäki | 2:07:41 | 336 | 22 | 322 |
| 5.1 | Katja Heinjoki | DNS | | | |

